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Page 2:



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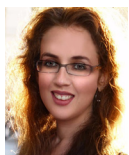
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VALLEY PATRIOT OF THE MONTH

John MacDonald, U.S. Air Force - Desert Storm

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This month, The Valley Patriot honors and recognizes Lowell resident John MacDonald not just for his service to the country as a military veteran, but also because of his tremendous work helping our veterans here at home.

John MacDonald enlisted in the United States Air Force in 1989 and was initially stationed at Davis-Monthan Air Force Base in Tucson, Arizona.

A year later he would find himself deployed to Saudi Arabia during Operation Desert Shield.

MacDonald was stationed at King Khalid military city about 20 miles from Kuwait/Saudi border, and just a few miles from the famous highway to hell. There, he was part of a firefighting unit tasked with saving and retrieving

crashed American and allied pilots as they lifted off and landed from the base.

Within the first month or two of arriving in the Middle East, MacDonald's unit was awarded the best fire department in Air Force.

"We were the most forward operating location in Saudi Arabia. It was a place where international allied troops were constantly flying in and out," MacDonald told The Valley Patriot.

All the Iraqi and foreign prisoners of war were brought to the base and held until a final determination can be made.

MacDonald says that F16's come through on a regular basis, and eventually his unit was turned into a MASH (Mobile Army Surgical Hospital).

MACDONALD: PAGE 24

Sometimes It’s True

Jeff Katz
VALLEY PATRIOT COLUMNIST

It seems that every Presidential election is accompanied by hyperbolic statements like it’s the most important election in our history or this election will truly decide the direction of our nation for generations to come. Most of the time, those are just comments designed to gin up support for one candidate or the other but this time it seems that they are true. What we do in November really will decide the future of the once great United States of America.

On the one hand, we have Donald Trump -a man who, like most entrepreneurs, has had some swings and misses over the years. His business activities have usually ended up on the positive side of the ledger and have created jobs for thousands. He certainly talks a good game about bringing jobs back to America but even he has chosen to manufacture all of his, and his daughter’s, clothing overseas instead of here in the United States. If he won’t do his own manufacturing on American soil, I’m not sure how he intends to prompt other companies to do so, but at least, he seems quite sincere about his desire to empower homegrown business.

There is no doubt that over the years Trump has been prone to some wild comments and bizarre conduct. His behavior through the primary was appalling much of the time but he has gotten clearer and more focused the closer we’ve come to the election. I still get the sense that he’s quite comfortable in the WWE mold but I also feel that he’s come to understand that there are much bigger issues at play. I stand by my initial assertion that at the beginning

of the campaign he was not really running to be President of the United States. I continue to believe that his initial foray into the political world was designed to help push a new book and a new season for his television programs. Like all that he has done over the years it was to build the Trump brand. There can be no doubt that Trump’s ego is at play in this campaign but I sense a profound change in him. He’s grown by leaps and bounds, surrounded himself with brilliant advisers and seems more passionate about helping others than anyone else in this race. I fervently believe that he looks at his children and grandchildren and wants to give them a brighter future.

I confess that I held out high hopes for the Libertarian Party team of Gary Johnson and Bill Weld. With two highly regarded former governors on the ticket and such widespread serious trepidation about the major party nominees, it seemed like 2016 was the year for the Libertarian Party to break through. But with both Weld and Johnson continually exposing their weakness on national defense and border security, the fact that they are on the right side of so many issues just does not mean all that much. As jihadi terrorists are slaughtering Americans with a growing degree of regularity, the quest to put a chicken in every pot just does not seem all that important by comparison.

What about the woman who would be President? Hillary Clinton has spent her entire life working tirelessly on behalf of Hillary Clinton. Her quest to be the first woman ever elected President of the

KATZ: PAGE 26

“WEATHER 101” WITH AL!

Change in Seasons, Weather

Al Kaprielian
VALLEY PATRIOT WEATHERMAN

Fall is now officially here and many of the trees are changing color. Peak color will occur around the middle of October. The summer was hot and mainly dry. Temperatures averaged out hotter in August compared to July. It was a great summer for the beach and vacations.

However, we are still in a long term drought. How can a drought be broken? A tropical system with all its rain can make a large dent in the drought. We are watching Hurricane Matthew and time will tell if he will affect us or make a curve and stay out at sea. Some computer models keep him southeast and more out to sea. Now with fall here the sun is lower in the sky and temperatures will continue to cool as we go through October. The last day of hurricane season is November 30th, so, we still can see some storms into November.

The peak time for hurricanes is mid August to mid September. Hurricane Matthew became quite strong over the warm ocean waters of the Caribbean. Hurricanes thrive over warm ocean waters where the temperatures are above 80 degrees. When they move over land they weaken as they lose the heat from the warm ocean waters. Also, the friction from the land lowers the wind speed. Still, hurricanes can produce dangerous flooding as they weaken over land due to the heavy rain.

What can we expect this winter? This will depend on the jet stream and how much phasing of the northern and southern jet streams. A storm that forms in the Gulf of Mexico will depend on whether the two jet streams phase. If they do not phase, this storm will pass too far south and we would miss it. With a miss for us this could be a hit with a snowstorm for Washington DC and the mid Atlantic region.

Also, in the winter we look to see if high pressure forms up in Greenland, known as the Greenland high. If this forms, this tends to keep the jet stream to our south and causes colder and possibly stormier weather for us. Time will tell if this will occur.

Now is the time to prepare for winter. If you have an outdoor sprinkler system, now is the time to have the water drained

and have the system closed for the winter.

Bring in all outdoor furniture you had outside for the summer.

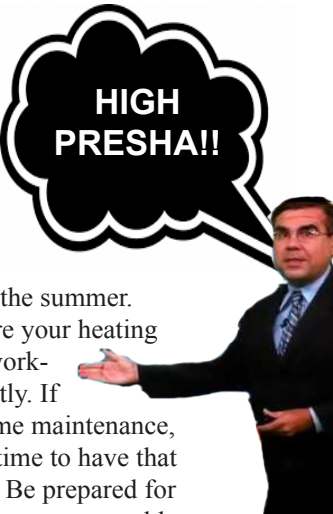
Make sure your heating system is working efficiently. If it needs some maintenance, now is the time to have that work done. Be prepared for winter and some very cold days. How about snow fall this winter? Last year we did not see great amounts of snow and we saw some mild days. One reason for this was El Nino. This occurs when the ocean waters of the South Pacific Ocean are warmer than normal. This causes the jet stream to be more suppressed over the western U.S. This results in more toughing and stormier weather for the west and lots of snow for the Rockies.

We saw this scenario last winter. In the eastern U.S., during an El Nino, the opposite occurs with less in the way of storms. Also El Nino can cause milder weather for us as it keeps the jet stream further north in Canada putting us on the milder south side of the jet stream. When this occurs, the Sub Tropical high pressure off the east coast can be stronger causing the milder conditions. We saw this pattern at times during last winter. Now El Nino has gone and the waters of the South Pacific Ocean are colder.

With El Nino gone, we could see colder and snowier weather this winter. This is how I feel, but by far this is not an exact weather forecast. All I can say is be ready for colder weather and possibly more snow this winter.

Time will tell if this will occur. Next month we will wrap up the hurricane season and take a look more at what our winter weather may be.

Al Kaprielian is a meteorologist who worked for 30 years on New Hampshire TV news for WNDS and WBIN and provides weather reports for several radio stations in Massachusetts and New Hampshire. You can email Al at 7al61@comcast.net



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WORKMENS' COMP

Ballot Questions: Charter Schools, Marijuana, Animals, Slot Parlors

There are four ballot questions Massachusetts voters will be asked to decide on Election Day. Here are our recommendations.

VOTE YES ON QUESTION #1:

Voters are asked in question #1 whether or not to expand the amount of slot gambling parlors in Massachusetts from one to two. We believe in your freedom to do what you want with your own money and that means gambling it all away if you so choose. An additional slot parlor in Massachusetts may have negative consequences for some, but we believe that decision is up to you, not the government.

A YES VOTE would permit the state Gaming Commission to license one additional slot-machine gaming establishment at a location that meets certain conditions specified in the law.

A NO VOTE would make no change in current laws regarding gaming.

VOTE YES ON QUESTION #2:

Charter schools are a private, public partnership allowing private schools to receive public funding but are not restricted by many of the overburdening regulations placed on public schools, which many argue dumps down public school standards.

Approvals under this law could expand statewide charter school enrollment by up

to 1% of the total statewide public school enrollment each year. New charters and enrollment expansions approved under this law would be exempt from existing limits on the number of charter schools, the number of students enrolled in them, and the amount of local school districts' spending allocated to them.

We have seen the devastating failure of our public school industrial complex over the last 40 years. Children continue to graduate not being able to speak, read or write the English language in record numbers. Kids who graduate from charter schools are better educated and much better prepared for college and the world of work. Opponents of question #2 are in a panic because more charter schools means less control by teachers' unions to dumb down curriculum. Opponents have misled the voters to believe more charter schools will result in less money for public schools. Nothing could be further from the truth. In fact, under question #2 more money will be funneled into public schools.

A YES VOTE would allow for up to 12 approvals each year of either new charter schools or expanded enrollments in existing charter schools, but not to exceed 1% of the statewide public school enrollment and would not take money from existing, failing

public schools.

A NO VOTE would make no change in current laws relative to charter schools.

VOTE YES ON QUESTION #3:

This proposed law would prohibit any farm owner or operator from knowingly confining any breeding pig, calf raised for veal, or egg-laying hen in a way that prevents the animal from lying down, standing up, fully extending its limbs, or turning around freely. The proposed law would also prohibit any businesses from selling whole eggs intended for human consumption or any uncooked cut of veal or pork if the business owner or operator knows or should know that the hen, breeding pig, or veal calf that produced these products was confined in a manner prohibited by the proposed law. The proposed law would exempt sales of food products that combine veal or pork with other products, including soups, sandwiches, pizzas, hotdogs, or similar processed or prepared food items.

A YES VOTE would prohibit any confinement of pigs, calves, and hens that prevents them from lying down, standing up, fully extending their limbs, or turning around freely.

A NO VOTE would make no change in current laws relative to the keeping of farm animals.

VOTE NO ON QUESTION #4:

Government Control of marijuana distribution. We oppose this measure, but not for moral reasons or the tired old argument that pot is a gateway drug. We oppose it because, once it's legal, elected officials in the government will do to marijuana what they do to cigarettes; tax it to death, regulate for "health reasons" the amount of THC and other chemicals in it, dole out permits for distribution of pot to their friends and campaign contributors, (Can you say Jim Jajuga?) and spend all those tax dollars on wasteful government programs that do not work. Massachusetts has finally done something right. The current laws punish dealers with a felony, but do not saddle police with wasting time arresting users. The law should stay as it is.

A YES VOTE would allow persons 21 and older to possess, use, and transfer marijuana and products containing marijuana concentrate (including edible products) and to cultivate marijuana, all in limited amounts, and would provide for the regulation and taxation of commercial sale of marijuana and marijuana products.

If passed, the government would be regulating marijuana as they do cigarettes.

A NO VOTE would make no change in current laws relative to marijuana.

Say No To Charter Schools, Vote No on Question #2

DJ Deeb
METHUEN SCHOOL COMMITTEE

Methuen Schools are on the move and many great things are happening with the start of the 2016-2017 school year. At our September 12th meeting, I led the charge to have the Methuen School Committee go on record as opposing Question 2 in November, which if passed, would expand Charter Schools in the Commonwealth. The Motion read: "That the Methuen School Committee adopts the position of opposing new charter schools and urges residents to vote no on Question 2 on the November ballot." I am proud to report that my colleagues supported my motion unanimously. As a conservative, it probably surprises many readers that I am opposed to charter schools, but upon further scrutiny it becomes clear what a detriment they are to our public and private school system.

First off, charter schools pick and choose the students they want. They do not play by the same set of rules that public schools do. They are for-profit schools that use taxpayer money to undermine, not just the public schools, but private schools as well. Charter schools are currently costing

Methuen taxpayers more than \$763,000 per year.

Many proponents have pointed to the success of charter schools, especially in inner cities, but I would respond that if public schools could pick and choose, they would turn out the same, if not far better results. The fact remains that Federal and State special education mandates and educational regulations are strangling our schools and these need to be reformed and revamped. Charter schools amounts to putting an expensive band aid on the problem without addressing the root causes.

If it passes, Question 2 will continue the path of failing to address the real problems with over-regulation, funding inequities, and unfunded Federal special education mandates in favor of allowing corporations to siphon tax dollars to make a profit using our kids. There are a variety of private schools in the area that set their own criteria for admitting students. Parents/guardians have many options to pick from when choosing schools. Methuen schools offer a top quality education at a very affordable price. In addition to strong academic programs, Methuen schools offer a wide variety of sports programs and extracurricular

activities without user fees to Methuen residents. We are one of the last school systems in the area to do so. Charter schools are a major step backwards. Having stated this, I do believe that competition and choice is good though. If we want to expand choice in education, I would be much more receptive to supporting a voucher program that parents can use to send their children to a private school of their choosing.

Facts speak for themselves. It should be noted that none of the students who have enrolled in Methuen schools have opted to leave for a charter school. Enrollment in Methuen Schools continues to climb. In 2015, there were 6,991 students enrolled. In 2016, we have approximately 7,025 students attending Methuen Public Schools. Please vote No on Question 2 in November and keep our public and private schools strong.

On another note, I would like to send a "shout out" to the District Technology Team, especially Ed Lussier and Chris Lane, who worked 70-80 hour weeks in August without additional compensation to make sure that the new Methuen schools software (Infinite Campus) was up and running smoothly for students, staff, and

parents. Although some additional training is still needed for staff, our schools are in excellent shape for the upcoming year. The new software will allow for the smooth integration of gradebooks, individualized education plans, and other teacher tools. In addition, Technology Director Ed Lussier and his team adopted a new anti-virus software (Avast) to replace the Sophos anti-virus software being used previously. This will save Methuen taxpayers over \$12,000 per year.

That's all for now. Please be sure to vote on Tuesday, November 8th. Your influence counts. Use it. More next month.

D.J. Deeb is a Methuen resident and member of the Methuen School Committee. Deeb is a Social Studies Teacher/Instructional Leadership Team Member at Notre Dame Cristo Rey High School in Lawrence, Massachusetts. Deeb is also an Adjunct Professor of History/Government at Bunker Hill Community College and an Adjunct Political Science Instructor at the University of Massachusetts Lowell. He is the author of Israel, Palestine, and the Quest for Middle East Peace (University Press, 2013) and The Collapse of Middle East Peace (IUniverse, 2003).

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Cape Ann Communities Like Lawrence Hold Keys to Eradicating Homelessness

Joe D’Amore
VALLEY PATRIOT COLUMNIST

The city of Lawrence and several Cape Ann communities have an almost intractable homelessness problem not unlike other urban centers in the United States. The twin primary drivers are lack of affordable housing and an economy that does not produce sufficient jobs for people looking for them throughout the entire economic spectrum. Concurrent with these two issues are the raging drug epidemic and lack of social programs to care for the mentally ill which independently produce their own subsets of homeless people. These problems are very familiar throughout numerous Cape Ann communities. And so specific to Lawrence- at the Casey Bridge, Jackson Street Bridge all along Broadway, the Common and various other locations throughout the city, as well as emergency shelters, homelessness is in open display. What is ultimately not a sustainable

condition is the incubation of areas where the homeless live, virtually permanently. Casey Bridge has gained regional notoriety as the most glaring example, but many Cape Ann communities have their own well known places too. In fact, people residing under bridges, along railroad corridors and in abandoned buildings simply create public health risks to the general public, increase crime and also degrade economic and community development. And even though there is a growing dedicated contingency of faith based groups, volunteers, independent humanitarians and caring individuals who deliver basic necessities to people living outdoors, increasing the level of comfort can only be a temporary measure. Consider a metaphorical view of the problem. If someone fell into a manhole, you could send food and water down to help sustain them, but ultimately, the better approach is to send down a ladder to help them climb out of their predicament. And in this regard, Lawrence has several key advantages that can potentially lead

to helping everyone find a roof over their heads. Most urban communities are truly blessed with a mosaic of shelters, transitional housing units, agencies, non-profit organizations, food and clothing outlets and a strong network of faith-based communities. An innovation in Lawrence is that the City Council has recently approved a position of Homelessness Initiative Coordinator that can help coordinate and bolster these services to enable people to get the help they need. Cape Ann communities should contact their counterparts to learn more about this concept. Additionally, a recent phenomena is that service agencies are now implementing outreach versions of their resources, where literally, social workers walk the streets and engage people who need assistance. It is a wonderful vision to further encourage this and coordinating with the new position holds great promise. This would be the “ladder” concept in practice, mentioned earlier. Many communities have several urban

areas where through thoughtful bidding of acquired tax-title properties, affordable housing and transitional housing can be developed primarily through rehabilitation projects of abandoned or run-down buildings and properties. Lastly, many police departments continue successfully fighting crime related to drugs. Related to this would be an opportunity to build a community policing model, supported by special available federal grants, where directing focus and care to homeless people in coordination with agencies to deliver services, could be facilitated. The homelessness problem, in light of these possibilities, simply is not that intractable. In the end, what Lawrence has demonstrated- which can be replicated- is patience, compassion and a genuine will to address the issue. Now is the time to bring all these promising elements into sharp focus and implement them in concert. It’s time to send down ladders to those who want to climb out of their holes. *Joe D’Amore writes from Groveland*

Tarr Named Legislator of the Year Honored for Police Support

Boston- State Senate Minority Leader Bruce Tarr (R-Gloucester) was named a Legislator of the Year on Wednesday, September 7, 2016 by the New England Police Benevolent Association (NEPBA) for his work on a wide range of criminal justice issues, ranging from effectively penalizing repeat violent offenders, to addressing the ongoing opiate abuse crisis facing Massachusetts. In presenting the award to Tarr, Association President Martin Conway said “This award is given in recognition for your steadfast support of Law Enforcement Officers and their families here in the Commonwealth. It also recognizes the success you have had in the passage of bills directly related to NEPBA members and their families”. Conway presented the award at a ceremony in Marlborough that was attended by police officers, deputy

sheriffs, correctional officers, and emergency dispatch personnel from throughout Massachusetts and New England. That ceremony featured a keynote address by Governor Charlie Baker, who spoke compellingly about the importance of the work done by those in law enforcement, and the support for them that resonates every day in his travels to cities and towns throughout the state. Receiving awards, along with Tarr, were state Representatives James Dwyer (D-Woburn), Timothy Whelan (R-Barnstable), and Senator Jennifer Flannagan (D-Leominster), all of whom Baker said have the ability to work with their colleagues to achieve results regardless of political party affiliation. On receiving the award, Tarr said “I am humbled to receive this recognition from a group of people who dedicate them-



selves so passionately to keeping all of us safe. They face danger, remain vigilant, and make the necessary sacrifices so that the rest of us can pursue without fear the things that are important in our own lives. We can never thank them enough, and they deserve our respect and support, things they continue to earn each day in

our communities”. The New England Police Benevolent Association is an incorporated, non-profit, labor relations support organization that offers legal and labor related assistance to roughly 4,000 law enforcement professionals and their support staff in Massachusetts and New England.

Amesbury Firefighter/EMT Todd Calderwood Receives Award

Outstanding Contributions to EMS Award Offered by NorthEast Emergency Medical Services, Inc.

Chief Kenneth E. Berkenbush is proud to announce that a member of the Amesbury Fire Rescue Department has been honored for his work in the field of emergency medical services. “In all of my years as a member of a fire rescue department, I have never seen someone go above and beyond the call of duty as routinely and often as Firefighter/EMT Todd Calderwood,” Chief Berkenbush said. “It seems like every time we go on a call, he finds a way to go the extra mile to find ways to improve the lives of our patients and residents.” Calderwood was honored with the regional “Outstanding Contributions to EMS” award by NorthEast Medical Services Inc. In one example cited by Chief Berkenbush in the award application, the Amesbury Fire Rescue Department responded to a medical call after it was reported that a disabled elderly resident had fallen out of his wheelchair in the bathroom. Upon responding, Calderwood noted that the man’s toilet was leaking, and the patient told him that it had broken from a previous fall and that he did not have the money to fix it. Calderwood treated the patient, cleaned the bathroom, stopped the leak, and then returned to the man’s

home the next day, on his day off, to repair the leaky toilet for free. When asked about it, Calderwood simply told the chief “it’s the right thing to do.” “We live in a fast-paced world with people who are often drawn in multiple directions at once and don’t have a lot of free time to themselves. But Firefighter Calderwood seems to thrive on service to others,” Chief Berkenbush said. Other examples cited in the award include: Calderwood built a ramp for another patient who required the use of a wheelchair. He donated his time and all of the materials free of charge. Calderwood, a military veteran, routinely goes out of his way to find out if patients served in the military, and he always thanks them for their service. Calderwood always carries pet treats while on duty, both at the station and on calls. He has ensured that the fire station is “pet friendly” and encourages residents to bring their dogs to visit the firefighters. Firefighter/EMT Calderwood also keeps up-to-date on the latest training and trends in the ever-changing field of EMS.



Amesbury Firefighter/EMT Todd Calderwood (Courtesy Photo) Copyright © 2016. John Guilfoil Public Relations LLC All rights reserved

“Seniors That Rock” Raises Money for Veterans

Last Month Bill Moore of Reel Tyme Productions held a talent show at Andover High School called “Seniors that Rock” to raise money for local veterans. Celebrity judges voting on the talent were: famous hypnotist Jerry Valley, Hollywood actor Steve Blackwood of Days of Our Lives, Nashville Country Star April Renzella, Valley Patriot publisher Tom Duggan, and reigning Miss Senior America, April Sheerin. At right is the “Barbershop Quartet Express Lane” who placed second in the talent competition.

According to Steve Moore, 100% of profits go to local veterans and they raised approximately \$3,000 after expenses.



L’Italien Secures \$50K for Economic Development in Lawrence

The Lawrence Partnership has received a \$50,000 investment advocated by Senator Barbara L’Italien. The funding represents both a material and symbolic endorsement of the innovative strategy that the Partnership has implemented to spur economic development in Lawrence through alignment of private and public sector leaders. Derek Mitchell, the Executive Director of the Lawrence Partner-

ship, articulated what this funding means for the group and the state as a whole.

The support for the Partnership was championed by Senator L’Italien, who is an ex-officio board member of the Lawrence Partnership Board.

In addition to the \$2.5 Million dollar loan fund that the Lawrence Partnership created to support small businesses in Lawrence, the group has also

spearheaded the Training Consortium, a regional workforce alignment initiative to connect regional businesses with the talent they need to thrive and grow in the area. Anita Worden, the CEO of the Yaskawa Solectria Solar hosted the press conference and is one of the private sector leaders helping to develop the Training Consortium.

The additional support for the Lawrence Partnership will contribute to the

implementation and scaling of projects through the Training Consortium, creating more opportunities to align the local workforce with the in-demand skills that growing firms like Solectria have. That is a recipe for growing local industry while also creating upward mobility for Lawrence residents. Simply put, it is a win-win proposition, one that the state of Massachusetts is smart to be investing in.

Senior Events at The Center at Punchard

Essex County Sheriff’s Dept. K-9 Unit: Friday, October 7th; 10:30 a.m.

Free demonstration of this instrumental law enforcement tool.

Healthy Living Tidbits: Breaking through Body Weight Plateau’s Friday, October 7th at 9:30am.

Healthy Breakfast is offered. Art McDermott presents. Free of charge.

Trip: Frank Lloyd Wright’s Zimmerman House Tour, Manchester, NH Thursday, October 13th from 9am. to 4pm. \$61 includes museum admission, guided house tour and lunch. The Currier Museum offers specially-scheduled guided tours of New England’s only Frank Lloyd Wright designed home. We’ll arrive early enough to enjoy some time exploring the Currier Museum’s delightful collections before our 90-minute guided tour. Following our tour, we’ll enjoy a late lunch at KC’s Rib Shack.

The Great Depression Thursday, October 13th from 1:30 to 3pm. \$3.

When did the Great Depression start? What caused it? Why did it last so long? How did it affect people? What did we learn from the experience? Are we likely to have another Great Depression? Explore these and other questions with local historian Don Robb in a nostalgic look at the 1930s in America.

Elder Abuse - an educational forum Friday, October 14th at 9:30

Learn the signs and symptoms and how to get help if you or an elder you know might be a victim of elder abuse. Pre-

sented by Diane Powell, Adult Protective Services Supervisor with Elder Services of the Merrimack Valley.

Computer Users’ Group Monday, October 17th at 1:30 p.m. “Backup” Since so much of our digital life is stored on computers, phones and tablets, this topic is worth revisiting about once a year. It’s not if your device will fail, but when! To be safe, backing up our machines is a necessity. Please share your email to stay up-to-date on topics. Held at Memorial Hall Library

The New Deal Thursday, October 20th from 1:30 to 3pm. \$3. What was the New Deal? How did it affect average Americans? Was it a liberal experiment or a conservative approach to economic problems? How effective was the New Deal in solving the problems of the Depression? What are the lasting effects of the New Deal today?

Take a look back at the days of Franklin Roosevelt and the American people in the 1930s with local historian Don Robb.

Friday Speaker Series: Witchcraft in Andover Friday, October 21st from 8:30 to 11am. \$4 includes breakfast.

Did you know there were more witches in Andover than in Salem? And that three Andover residents were hanged as witches? Explore this tragic period in Andover history with local historian Don Robb and learn which Andover families were involved, and what effect the witchcraft scare had on the town.

PUNCHARD: PAGE 21

Anne’s Andover Notebook

Anne Knowles
ANDOVER COLUMNIST

October 8, 2016 from 10am until 2pm, will be the final day of the Andover Farmer’s Market on the grounds of the Andover Historical Building, 97 Main St., Andover Center.

This will be an excellent time to visit the market and see the great variety of vegetables, farm goods and handmade items available.

Those interested in participating in the Farmer Market’s 2017 season are invited to fill out an application that can be found on the pages of the Andover Historical Society website. Or call 978-475-2236.

Highlights for the month of October may be found on the AHS website. October 22, 2016 looks especially interesting with a Murder Mystery Dinner. This event is limited to 24 guests and reservations are required.

Keeping in the spirit of Halloween, a full calendar of events can be found on the website.

TRUMP RALLY

Living in the Merrimack Valley in late summer is a most ideal place to be. Seeing history in the making is a once in a lifetime opportunity. So, this past week I had the opportunity to visit Bedford, New Hampshire to be a part of the 10,000 or so people gathered at the NH Sports Complex to welcome Republican Candidate for President Donald J. Trump.

The day began about noon with hundreds of people from New Hampshire, as well as a few from Massachusetts, who took time to greet and meet Candidate Trump. The most pervasive atmosphere was one of great anticipation, good fun and quite a few of the attendees decked out in full support of Candidates Trump and Pence. A note must be made of a revolutionary dressed piper playing 18th century songs from the early days of the country.

As one of the early speakers, Andy Sanborn, Representative from New Hampshire, spoke to the crowd about his early ancestors who came to New Hampshire in 1840, to

take their place with hard work and determination to make it home. He spoke about his grandfather who instilled in young Andy the greatness of America and all that it had to offer, to those wanted to live free.

Other speakers spoke of their histories and those of their families and friends, some new to the country, others who had lived in America for many years. Many of those attending were veterans, who spoke of their support for Candidate Trump.

Many supporters in the audience spoke of their frustrations with the lack of good paying jobs, high taxes, too much red tape in running their small businesses and lack of opportunity for the young people coming along. the high cost of living, the rules and regulations from Washington D.C. and the lack of real help from government, has had a major impact on the state.

When Candidate Trump took the stage., his supporters were ready to hear his message. One of the most serious issues facing New Hampshire has been, and continues to be, the drugs, especially heroin, which is so hazardous to the residents of New Hampshire. Candidate Trump took this as a primary problem to work with the state to eradicate. The list of issues and problems that face the country are well known and Candidate Trump did not hesitate to state that the country is at a point in time that the problems must be taken seriously and not passed on to future generations.

Bigger, better and stronger and make America great again. Adhere to the Constitution, great schools for all children, safe neighborhoods, school choice, Supreme Court appointments that support America, improving, rebuilding the roads, bridges, rail lines, airports of the country, and the wise use of our natural resources. He also spoke of the need to improve the military, support the citizens of the country and make America great again.

The afternoon passed rather quickly for most of the people, but the message was received and many of those present appreciated his appearance. It was an excellent opportunity to see firsthand what makes The United States of America the land we love.



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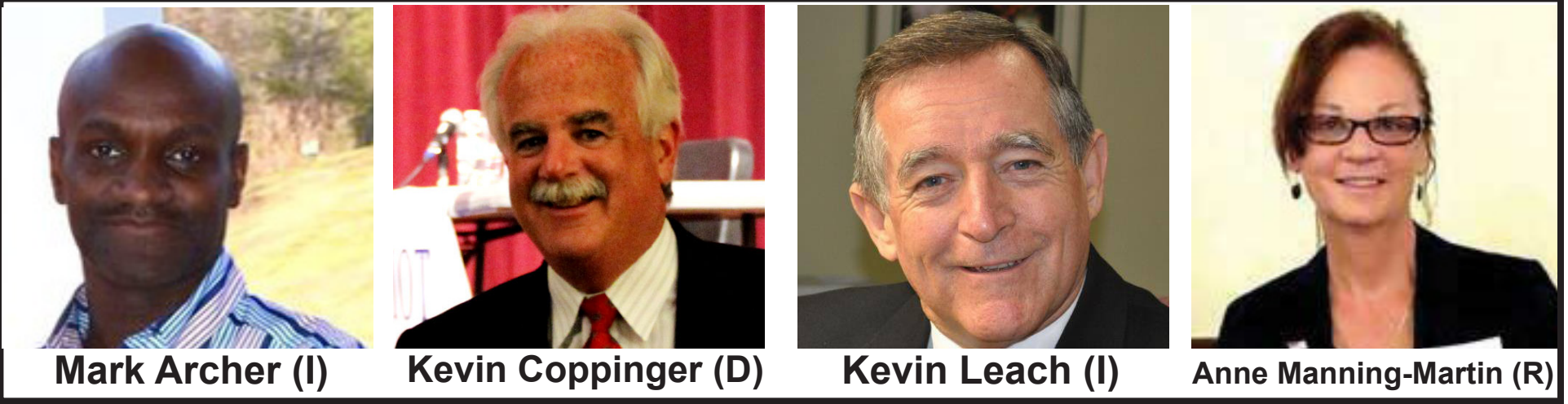
AND ...



BARBARA L'ITALIEN

STATE SENATOR

2nd Essex & Middlesex District



Candidates for Essex County Sheriff to Debate on October 18th

The Valley Patriot newspaper is hosting a debate for the candidates for Essex County Sheriff on October 18th, at 7:30pm at North Andover High School. The debate is sponsored by the Laborer’s Union Local 175, Banf of Heroes, The Law Offices of Sheehan, Schiavoni, Jutras and Magliocchetti, LLP, State Rep. candidate Oscar Camargo, and Sullivan Insurance.

The current Sheriff of Essex County is Frank Cousins (a Republican), who has chosen not to seek reelection. There are four candidates seeking the position that pays approximately \$150,000 per year. The Sheriff’s office is a six year term; that’s longer than the president and the governor.

After a hotly contested Democratic

Party primary that eliminated five other candidates, Lynn Police Chief Kevin Coppinger emerged victoriously as the Democratic nominee. To learn more about his candidacy visit his webpage at: coppingerforsheriff.com

On the Republican ticket, Anne Manning-Martin is the party nominee as she defeated four other candidates to have her name on the November final ballot. Manning-Martin is currently serving as Deputy Superintendent with the Department of Correction and a City Councilor-at-Large for the City of Peabody. You can learn more about Anne on her webpage: anneforsheriff.com

There are two independent candidates running who had no primary, as unenrolled

candidates do not face primary opposition and only need signatures to have their name appear on the final ballot on November 8th.

They are: retired State Trooper Mark Archer and former County Commissioner Kevin Leach.

Mark Archer is a practicing attorney, and a former Massachusetts State Trooper. After nearly three decades of service in law enforcement and private legal practice, this is his first time running for public office. Archer has been married for 35 years, the father to two grown children, and grandfather to a baby girl. He was born and grew up in Lynn where he and his wife raised their children. Archer comes from a law enforcement family. You can

learn more about Mark on his webpage: markarcherforsheriff.com.

Kevin Leach is a former Essex County Commissioner and was responsible for turning in and testifying against former Sheriff Charlie Reardon, who spent time in federal prison as the result of Leach’s testimony.

The debate will be a free flow of discussion between the candidates with no timer and no moderator interruptions unless one candidate is monopolizing time or is not answering a question.

Debate moderators will be Valley Patriot publisher Tom Duggan and Atty. Paul Magliocchetti of Sheehan, Schiavoni, Jutras and Magliocchetti, LLP Attorneys at Law.

Home Depot Donates Ticket Booth At Methuen Stadium

Tom Duggan
VALLEY PATRIOT PUBLISHER

Last month, the employees of Home Depot in Methuen donated their time, effort, energy, and materials to help the City of Methuen by building a brand new ticket booth for the Nicholson Stadium at Methuen High.

“Home Depot has a relationship with our city, and we worked in conjunction with them to get a ticket booth. Home Depot came out here, supplied all the materials and everything over the course of the week. They built it from scratch, painted it, and asked us what the dimensions should be, which we did, and they did a great job.

Mayor Zanni says he reached out to them about a year ago and one of the managers there told him “Mayor if you ever need anything for the city we’re willing to help, provided it’s not a massive project.”

“Last year I called Carmen who’s the manager of this Home Depot here in Methuen. I called him, and he said ‘I have to check with our headquarters but it looks like something we can do. With that said, I showed him where we wanted to put it. I explained to him the purpose of it, because we didn’t have a ticket booth



on this side. He said ‘look it Mayor, we’re going to do it for the city.’ And that’s how it came about. That’s the kind of relationship we have between Home Depot and my office.

Zanni told The Valley Patriot that it would have been a few thousand dollars for the city to build the ticket booth, between electricity, the painting and materials...we probably saved about two to three grand,” the mayor concluded.

“City Hall, when I first came in, there was a lot of things I privatized. I think

you need people in the city, and you need some of the people in the establishment to do the work, but initially we had a union representing the custodians of city hall who were paying over a \$100K a year. I outsourced, that cost us \$32K a year. They come in at 4:30 pm or 5:00pm when City Hall closes, they stay till 9 or 10:00 at night and clean the whole facility.”

“Once a year they come, take all the blinds down and clean them. People commented on how clean it is. So, we have a new clubhouse and we have a brand new

bathroom facility as well. So we’re going to have people come out here, we’re going to have to clean it. We didn’t need a lawn mower; we just have two fields now – so we decided to outsource it and we saved quite a lot of money and that’s why we outsourced it.”

“Tom, I think we did well today in terms of what we did here. I’ve already contacted them for next Spring when we’ll do a smaller booth.





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Gov. Legislature Working Together to Change Bridgewater State, Increase Access to Mental Health Care

Rep. Linda Dean Campbell
MASSACHUSETTS STATE REPRESENTATIVE

Bridgewater State Hospital is the center of attention for a number of high profile incidents stemming from the use of excessive force. These include the recent suicide of Leo Marino this April and the death of Joshua Messier from the excessive use of restraints in 2014.

As the Vice Chair of Public Safety, I have visited Bridgewater and continue very productive conversations with both Legislative and Administration leaders on this important topic. Bridgewater houses many individuals with significant mental health needs that cannot be addressed properly by the Department of Corrections that has overseen the facility.

The overrepresentation of individuals with mental illness in the criminal justice system is a systemic problem. Nationally, rates of serious mental illness are 4–6 times higher in jails and 3–4 times higher in prisons than in the general population.

The Massachusetts Legislature has acted broadly over the past few years to divert individuals suffering from addiction and mental illness away from traditional corrections facilities to facilities that are more appropriate. Grants to over 40 Police Departments in towns and communities throughout Massachusetts provide training and diversion programming.

The MA Legislature has made a sincere commitment to mental health that can be

seen in the over \$127 million dollars in increased funding on mental health since fiscal year 2010.

Turning Bridgewater into a complete Mental Health Facility would likely be quite costly and complex, but allowing the status quo to continue also is not acceptable. As promised by previous administrations, local care in a more non-institutionalized setting for those suffering from mental illness has not materialized – so we are starting from scratch.

That is why I am strongly supportive of an incremental proposal to take all mentally ill inmates convicted of state crimes out of Bridgewater. The rub is, however, that these individuals will also need access to robust mental health care. This would leave a population at Bridgewater State that requires primarily mental health care – not supervision by prison guards. These individuals would not have regular interactions with prison guards, primarily, but with mental health professionals.

Implementation of this first step will be difficult – but it is indeed a vital first step.

State Representative Campbell represents Methuen and Haverhill in the State Legislature and currently serves as the Vice Chair of Public Safety and on the Committee on Ways and Means (Budget).

She can be reached at 617.722.2430/ Linda.Campbell@MAhouse.gov



This year it has become painfully obvious to most news watchers

that those who control the news media are more concerned with spreading falsehoods and rumors about the candidates for president than just objectively reporting the news. From CNN’s Jake Tapper, falsely claiming Donald Trump pays no taxes, to Don Lemon’s claim that Donald Trump hates babies, it’s hard for the average voter to know what’s true. Here is a breakdown of the media created scandals.

DONALD TRUMPS TAX RETURNS: Yes, it’s true Trump has refused to release his tax returns. From this, media Democrats have claimed Trump “lied” when he said he can’t release his tax returns because he’s under IRS audit. The claim is that Trump lied because there’s no law prohibiting him from releasing the returns. But, Trump never claimed the IRS wouldn’t allow the release of his taxes, his claim is that his tax attorneys have told him not to release returns while he is under audit. We rate this claim that Donald Trump “lied” as FALSE.

DONALD TRUMP PAID NO TAXES: Hillary Clinton and her spokesmen in the news media have long claimed that Trump “paid no taxes” and that this is the reason he won’t release his tax returns. His business disclosure financials show Trump paid millions if not BILLIONS in state, real estate, payroll, and other taxes. The media trick here is called bait and switch. Reporters continually say on the air and in print that Trump paid no taxes, but when it is pointed out that he paid millions in taxes, the argument is changes to ‘Trump paid no INCOME taxes’. Saying he paid no taxes and saying he paid no income taxes are two different things. Is there any evidence that Trump paid no income taxes? No. Maybe he did, maybe he didn’t. As of the time we went to print, no evidence, much less proof, has been provided that Trump paid no taxes or no income taxes. So we rate this media propaganda as FALSE.

HILLARY LIED ABOUT ONLY USING ONE PHONE FOR EMAILS: Republicans went into a tizzy when the FBI director said that Hillary Clinton used more than 13 devices to communicate via email about classified government information. The claim is that Hillary “lied” when she said she only used one device (a cell phone) for convenience, instead of having a device for personal use and one for classified government use. The fact is, Clinton



Paying Attention!

WITH TOM DUGGAN

didn’t have 13 devices at one time. She had 13 devices over

her span of years as Secretary of State. As she replaced each device, she had the old ones destroyed to make sure nothing on them could be retrieved. I do the same thing. We can quibble about whether or not that’s legal, but we rate the claim that Hillary “lied” about how many devices she has as: FALSE.

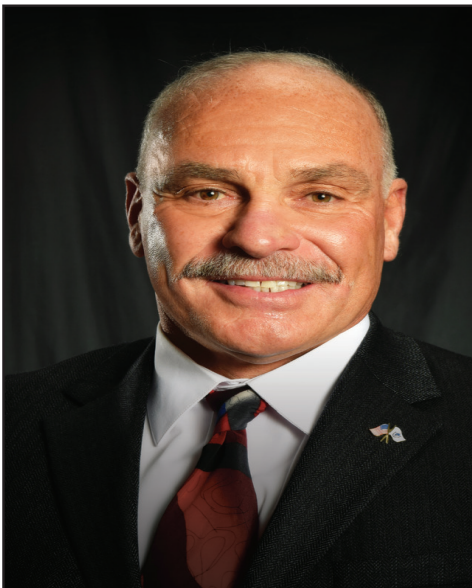
TRUMP SAYS GLOBAL WARMING IS A HOAX: Hillary Clinton accused Donald Trump of not believing that global warming is a man-made phenomenon. Trump denied it, but he did, in fact, tweet out that he believes global warming is a “hoax” to benefit China. We rate this claim as TRUE.

TRUMP CALLED WOMEN PIGS, INSULTED “WOMEN” – This media lie presupposes that to insult one woman means you are insulting all women. While trump called an individual woman a pig, he never called all “women” pigs. Since it is well documented that Trump insults men and women equally (remember Lyin’ Ted Cruz” and “Low Energy Jeb?”), and has never said “all women are pigs” or anything like that, we rate the claim that Trump hates women’ and ‘Trump calls women pigs’ as FALSE.

TRUMP COMPARED SYRIAN REFUGEES TO SKITTLES CANDY: The Claim is that Trump compared Syrians to Skittles, and denigrated refugees by “likening” them to candy. First, it was Trump’s son who made the analogy. Secondly, in no way did he “compare” Syrian refugees to Skittles. What he tweeted was an analogy to the Syrian refugee crisis explaining that terrorists would be sneaking into the US among the populations of refugees we let into the country. If I gave you a bowl of Skittles candy and told you that only three of the Skittles were poison, would you take a handful? That was the analogy used to explain the dangers of letting millions of refugees into the country. It’s the height of yellow journalism to take an analogy and report that as a ‘comparison’. We rate this absurd Democrat CNN claim as FALSE.

CLINTON LEAKED CLASSIFIED INFO: The claim by Trump supporters that Clinton “leaked classified information” stems from the fact that she had a computer server that was not secured, was illegally used for classified material, and in the words of the FBI Director, was “vulner-

TRUTH: PAGE 21



**Primary Election
September 8, 2016**

**General Election
November 8, 2016**

Jerry Robito
Democrat for Sheriff


To all the Voters and campaign supporters who put their faith in me on Primary Day

THANK YOU!!

Thank you.
- Jerry

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for SHERIFF

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- Bring documentation of gross income of all household members 18 years and older for at least the weeks.
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Funding is limited and cannot be guaranteed after April 1, 2017.

valleypatriot.com

TOM DUGGAN'S NOTEBOOK


Reggie Autumn Craft & Vendor Fair to be held on Saturday, October 29, 2016 at Greater Lawrence Technical School 57 River Road Andover, MA. There will be fun family activities as well as over 50 crafters and vendors selling their products from 9:00 am – 3:00 pm.

BREAKING THEIR WORD ON ENDORSEMENTS

In my book, your word is your bond. If you make a commitment and give your word, no matter how inconvenient it is, you keep your word. Unfortunately, I am in the rare minority these days.

Last month, The Valley Patriot held two debates with the candidates for Essex County Sheriff. One of the questions I asked the candidates was this: if you do not win the primary will you commit tonight to supporting the eventual nominee of your party for Sheriff? The question was asked of both the democrat and republican candidates at their respective debates. Only one candidate, republican James Jajuga of Methuen, would not commit to supporting his party nominee if he lost the primary. At least Jajuga told the truth. Who would have thought that in a field of 13 candidates he was the only one to keep his word? Jajuga has since endorsed the Democrat nominee, Lynn Police Chief Kevin Coppinger.



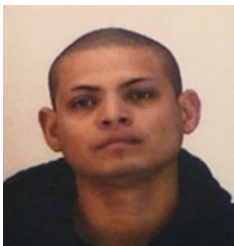
Democrat Jerry Robito, pledged to Democratic Party voters that he would support the nominee of his party, but has publicly broken that promise and endorsed Mark Archer, one of the Independent candidates on the ballot. But he's not the only one to break his word to the voters. None of the other candidates in the Democratic Party primary have endorsed Chief Coppinger except for Middleton Prison Superintendent Michael Marks. Kudos to Mr. Marks for being a man of his word. I have a tremendous amount of respect for him because of it. But, it's not just the dishonest and scheming democrats who broke their words to the voters at our Valley Patriot debates. Republicans Craig Lane and Jeff Gallo also pledged to support their party nominee if they were not victorious in the primary and have not done so. If you want to know why most people don't get involved in politics and think most candidates for public office are a bunch of self-serving liars who will say anything to get elected, THIS is the reason. It is shameful that candidates for public office look the voters in the eye and give their word with no intention on keeping it. The voters in Essex County should remember this the next time any of these failed candidates decide to



WANTED BY THE FBI

EFRAIN VASQUEZ-YANEZ

RICO Conspiracy; Conspiracy to Distribute Cocaine



DESCRIPTION - Aliases: Efrain Yanes-Vasquez, Efrain Yanes-Vasques, "Caballo" Date(s) of Birth Used: July 8, 1982 Place of Birth: El Salvador. Hair: Brown Eyes: Brown. Height: 5'7" Weight: 140 to 170 pounds. Sex: Male Race: White (Hispanic) Nationality: Salvadoran Scars and Marks: Vasquez-Yanez has tattoos of both the Grim Reaper and a skeleton on his right arm. NCIC: W426752151 REWARD :The FBI is offering a reward of up to \$20,000 for information leading to the arrest of Efrain Vasquez-Yanez. Vasquez-Yanez is a known member of the Mara Salvatrucha (MS-13) gang with ties to El Salvador. He speaks both English and Spanish, although Spanish is his primary language. He was last seen in July of 2016, in Everett, MA. CAUTION - On Jan. 26, 2016, over 50 members and close associates of the Mara Salvatrucha (MS-13) street gang were indicted in the United States. District Court, District of Massachusetts, Boston, Massachusetts, for conspiracy to engage in racketeering activities. These activities included murder, attempted murder, and drug trafficking. Efrain Vasquez-Yanez, a known MS-13 gang member, was charged with one count of RICO Conspiracy and one count of Conspiracy to Distribute Cocaine, and a federal warrant was issued for his arrest. Vasquez-Yanez, a convicted felon, is known to have "homeboy" status within MS-13. To achieve this status, gang members must commit a murder and/or inflict serious physical injury on a person in the name of the gang. Vasquez-Yanez is also alleged to have served as "protection" for the interstate transport of multi-kilogram cocaine loads for MS-13, and is known to carry a firearm and/or knives at all times. SHOULD BE CONSIDERED ARMED AND DANGEROUS. If you have any information concerning this person, please contact your local FBI office or the nearest American Embassy or Consulate. Field Office: Boston

run for office in the future.

MORE WORD BREAKING

It gives me no pleasure to report that Andover State Rep. Jim Lyons committed to doing a debate hosted by The Valley Patriot a few months ago at his yearly BBQ, yet when we contacted Lyons about debating democrat Oscar Camargo he bailed out. First, he said he couldn't debate because he was busy on the 14th of October. But when I told him he had the date wrong and it was the 18th of October, he simply said no. When I asked him if that meant he won't debate at all or that date just didn't work for him, he simply refused to answer.

RUNNING UNOPPOSED - There are several elected officials on the ballot in November who are running unopposed. State

Senator Katy Ives of Newburyport is running unopposed, as is Methuen State Rep. Diana Dizoglio, Lawrence State Rep. Frank Moran, unopposed Democrat candidate for State Rep. in Lawrence Juana Mattias, Newbury State Rep. Lenny Mirra, as well as Billerica Rep. Mark Lombardo. It is shameful that any candidate run unopposed. Shame on the people of the Merrimack Valley and particularly the political parties for not fielding or running a candidate in these races.

CONTRARY TO CNN REPORTS, STOP AND FRISK WAS NOT RULED UNCONSTITUTIONAL

It's bad enough that candidates for office lie with no conscience whatsoever, but the public depends on the news media to tell the truth. Well, they used to anyway. These days there is no such thing as objective news media anymore. All you have to do is flip on CNN on any given day and hear them purposely misleading the public in order to promote whatever propaganda they are pushing that day. Last month presidential candidate Donald Trump said he favors the criminal justice practice of stop and frisk. That's when police can stop and frisk someone walking on the streets if they have reasonable suspicion that they are in possession of weapons or drugs. Within seconds of Trump saying he favored the stop and frisk, police procedure CNN went into overdrive "reporting" that Trump was full of it, because "stop and frisk was ruled unconstitutional." Of course, CNN was just parroting what their preferred candidate Hillary Clinton had said, only she butchered it worse than they did when she claimed stop and frisk was unconstitutional because "it was ineffective." Newsflash for CNN viewers and Hillary Clinton: Stop and frisk was not ruled unconstitutional. Additional news flash... courts do not rule something unconstitutional because it's ineffective. They rule something unconstitutional because it violates the constitution. But, don't tell that to CNN smear merchants like Don Lemon or Ashleigh Banfield because facts clearly do not matter to such propagandists.

LAWRENCE YMCA FALL PROGRAMS - Fall Youth Programs at the Lawrence YMCA, 40 Lawrence St., Lawrence - Spaces are limited - Don't wait - Sign up today!

Youth Flag Football Clinic Ages: Grades K - 8th - Sundays 9/25 - 10/28 at 5:30 to 7 pm

YOUTH BASKETBALL LEAGUE

Ages: Grades Pre-K-12 Days: Saturday 12/3 -3/4 Time: Dependent on Team's Schedule

YBL Preseason Basketball Skills Ages: 5-12: Tuesdays 9/27 - 11/8 at 6 to 7 pm for Ages 5-8 & 7 to 8 pm for Ages 9-12

Youth Dance Program Ages: 7 - 17: Tuesday & Thursday 9/16 - 11/29 at 5:15 to 6:15 pm Ages 7-11 & 6:15 to 7:15 pm Ages 12-17

Baseball Partnership Program/ Roberto Clemente Ages: 6-12 Thursday & Saturday 9/29 - 12/16 at 4 to 5:30 pm (Thursday) 8 am-12 pm (Saturday)

WRESTLING TEAM Ages: 12+ Saturdays 11/1 - 2/24 Time: TBA

For more information, contact Jaycob Morales at 978-686-6191 ext. 49 or email at jmorales@mvymca.org and for more offerings at mvymca.org/programs.mvymhome.

HAVERHILL- NEW MOON COFFEE HOUSE at the Universalist Unitarian Church. 16 Ashland St. (rtes 110 and 125) Haverhill MA. 01830 - (978) 459-5134.

Roots and soul artist Kerri Powers performs in Haverhill, at the New Moon Coffeehouse, on Saturday October 15th at 8:00pm. Naturalist singer/songwriter Oen Kennedy opens the evening. Admission to the show is \$20; \$10 for those ages 18 and under.

Tickets for this show are available at the door starting around 6:30; doors open at 7:30. Tickets may be reserved prior to the show by visiting www.newmooncoffeehouse.org, or by calling 978-459-5134.

The New Moon Coffeehouse is a nonprofit, an all-volunteer organization dedicated to supporting and enjoying the creative talents of acoustic performers. We strive to bring you the best performers in a relaxing, friendly, smoke and alcohol free environment, where you can enjoy a great show, fair trade coffee, and awesome desserts. Bring your own mug and the coffee is only \$1.00 for the evening.

The easiest way to get to the coffee-house is to take 495 to exit 51A (Route 125 South). Stay on Route 125 South for about 1.5 miles. At intersection of Routes 125 & 110, look left for a red brick church. Turn left onto Ashland Street, which is just after Kenosha Ave (aka Rte 110). Parking lots are available behind the church. The coffee-house entrance is also there, at the back of the church. It is handicapped accessible.

LOWELL ART EXHIBIT - State Senator Eileen M. Donoghue and the Whistler House Museum of Art will host a Senate art exhibit at the State House, titled Artists of Lowell. Artists from the City of Lowell will be given the opportunity to present their works, which will adorn the Senate chamber lobby from September 30 through November 18.

The exhibition, curated by Sara Bogosian, President and Executive Director of the Whistler House Museum of Art, will showcase works that depict landscapes, portraits, and still lifes from Lowell, Boston, and New England. Featured artists include Tom Gill, Mary Rose O'Connell, Lisa Kovvuri, and Dave Drinon, who will each present their unique perspective of the First Middlesex District and beyond.

The Artists of Lowell exhibition will be open to the public from September 30 to November 18. This is an exciting opportunity to get a glimpse at Lowell's creative community during your next visit to the State House.



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ANNUAL HOLIDAY PARTY
Save the Date for The Whistler House Museum of Art’s Annual Holiday Party on Friday, December 2, 2016. Cocktails will be served at 6:30PM, and the evening will continue with a live auction, silent auction, and a raffle.

MORE LOWELL ART - Recent Work by Anne Cook At TreMonte Pizzeria. Exhibit runs: Sept. 2nd – Oct, 31st.

TreMonte Ice Bar and Pizzeria is happy to feature the landscape work of artist Anne Cook in the downtown Lowell location.

Cook, who attended Tyler School of Art, Temple University, in Philadelphia is primarily a painter, working in acrylic. Her carefully composed still life paintings reflect her studies in Europe and love of Flemish Renaissance painters.

Tapping her extensive experience in landscape and mural painting, Anne will present a showing of her newly completed series of Lowell landscapes.

Anne is a Lowell resident and full time substitute teacher in the Lowell school system.

TreMonte Pizzaria is located at 112 Middle St., Lowell MA. The restaurant hours are Sunday through Tuesday, 11:30 to 10 PM Friday and Saturday, 11:30 to 11 PM. For more information, kindly contact Mary Hart mjhart206@gmail.com

HAVERHILL - ARCHAEOLOGY LECTURE ON FREDERICK A. LUCE’S Excavation at WALKER CAMP “C”, Ward Hill. Thursday, Oct 13th at 7pm. at the Buttonwoods Museum, Haverhill, MA. Speaker - Senior Archaeologist Marty Dudek of Commonwealth Heritage Group. The Buttonwoods Museum has many ancient Native American artifacts collected from Haverhill and neighboring towns. While few of these ancient sites have been professionally studied, and most have been destroyed by development, one such site along the Merrimack River has recently been studied through professional excavations. What can archaeology tell us about the ancient Native Americans who lived in Haverhill for thousands of years? The Walker Camp C site is located a short distance downstream from the first falls on the Merrimack. Discovered in 1912, it became the focus of intense collecting, and in the 1940s amateur archeological digs took place. As many as 20 ancient campfires were excavated in the 1940s. Frederick A. Luce, an early pioneer among avocational archeologists and principal founder of the Haverhill Archaeological Society, recorded over 400 entries on artifacts from the site, many of which are housed at the Buttonwoods Museum. Collection analysis

Which one does the President continually warn us not to rush to judgment about?

dem MGS

has identified artifacts spanning from as far back as 8,000 years ago right up until European settlement. The recent archaeological excavations at the site have given us more information on this important site. The PowerPoint presentation will cover how ancient sites are dated, with a particular focus on the various steps involved in the archaeological study at Haverhill’s Walker Camp C site. Archaeological field methods will be discussed in light of the interesting findings of the project. What may be the most important discovery of the investigation will be reserved for last.

SICILIAN CORNER HONORED AT STATE HOUSE
Sicilian Corner Radio Show Honored at State House during Italian Heritage Month.

Tom Zappala and Mike Lomazzo, co-hosts of the popular Sicilian Corner Radio Show on Eagle Radio 1110 and WCAP 980, were presented with The Italian Heritage Media Award on Friday September 30, 2016, at a gala event at the State House. Hosted by Speaker of the House, Robert DeLeo, and Lt. Governor Karyn Polito, to a capacity audience, the event marked the 17th Anniversary of October as Italian Heritage Month in the Commonwealth of Massachusetts.

The Italian Heritage Media award is given annually to a media personality who helps perpetuate Italian traditions and culture. It was presented to Zappala and Lomazzo by Nicola De Santis, the Consul General of Italy in Boston, and the Italian Heritage Committee. A popular, humorous show, The Sicilian Corner has been on the air for 14 years. During that time, the show has interviewed many local Italian-American businesses, national entertainers and celebrities such as Jay Leno, Al Martino, Tony DeMarco, Rico Petrocelli, and Mary Ann Esposito. They have also spotlighted events for many non-profit Italian-American organizations throughout Greater Lowell.

The Sicilian Corner is currently looking into expanding into other radio markets to broaden its audience. However, both Zappala and Lomazzo say they will always be part of the Eagle Radio family and both are especially thankful to station owner, Pat Costa, for allowing them to “step up to the plate and take a swing.”

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KATHY'S LAWRENCE NOTEBOOK

Where's The Law in Lawrence?

Kathy Runge
LAWRENCE COLUMNIST

It's been a year since Lawrence became a sanctuary city. Have you ever wondered how it's working out? The answer is that we don't know.

The ordinance states starting on September 1, 2015 and on every other month thereafter, the Lawrence Police Chief shall submit a report to the City Clerk and the Mayor containing the total amount of U. S Immigration and Customs Enforcement (ICE) holds and other requests the police have received, the total number of individuals held as a result of the aforementioned, the total number of individuals transferred to ICE custody, and the amount of federal reimbursements related to the above.

The ordinance continues "The City Clerk shall docket said report, and include the docket on the agenda of the next occurring meeting of the Lawrence City Council." This report has never appeared on any agenda. Where are they? Do these reports even exist?

I could understand councilors not knowing about the reporting requirements of some ordinance passed ten years ago, but this reporting was supposed to start immediately upon passage of the bill. Did they forget?

It's shameful that the very councilors who passed this bill either let the reporting requirements slide or don't place the report on their agenda.

Mayor Rivera loves local Republican politicians. He accepts endorsements from them and likes photo ops with Governor Charlie Baker. However the mayor isn't so in love with putting Republicans on the Board of Registrars (BOR).

For the past 6 years, until this past spring, the four member board had only three members, two Democrats and one Republican. The last time it had four members there were two Democrats and two Republicans on the board. Ron Martin and Lynne Garcia were the Republicans. Lynne Garcia left the board at some point around 2009 and the board had only three members since then.

I had been pushing for the board to be filled since the election of Mayor Rivera, telling him the seat was Republican. This spring an unenrolled voter, well known community activist Wayne Hayes, was appointed to the board.

I can find no reference to the composition of the BOR in the City Charter or Municipal Code. The Registrar and BOR are mentioned a few times as having certain duties, but nothing regarding its creation or appointing the members.

Section 8.5 of the City Charter says that state laws apply for any issues regarding the registration of voters and elections not



expressly provided for in the charter.

According to Massachusetts General Law, c. 51 sec. 18, "the appointing authority shall so appoint their successors that as nearly as possible the members of the board shall represent the two leading political parties, as defined in section one of chapter fifty; provided, that a city or town clerk need not be enrolled in a political party."

This seems to say that all members of the BOR, with the exception of the City Clerk, should be enrolled in a political party. A call to the State Elections Division revealed that you could theoretically have unenrolled voters on the board, say if you couldn't find a willing Republican, but vacancies should be filled by a member of the same party as the departing member.

The fourth seat, the seat that Mr. Hayes filled, was last occupied by Lynne Garcia, a Republican. The Council minutes from her appointment on Sept. 5, 2006 state that "her appointment would meet the statutory party affiliation requirements." The fourth seat should have been filled by a Republican. According to law, a certified letter should have been sent to the city's Republican Committee and they can submit three names to choose from.

The Mayor made no effort to find a Republican for the board. I have no problem with Mr. Hayes except for his party affiliation. He is a great person, but a Republican should be in that seat. Mayor Rivera made it clear to me that he intends to keep an unenrolled voter there. Before you think he's being generous to the unenrolled voters, it's illegal to have three members of the same party on the Board of Registrars so another Democrat can't be appointed.

Even if the City Attorney can find a way to wiggle out of the law, it's clear what the law's intent is. What would be so terrible about two Republicans on the board? Mayor Rivera seems to like them well enough when election time rolls around.

Republicans deserve full representation on the Board of Registrars.

IN YOUR CORNER WITH SENATOR KATY IVES

Strengthening Public Health and Safety

Kathleen O'Connor Ives
MASSACHUSETTS STATE SENATOR

On July 31, the formal legislative session technically ended, meaning that between August and January, no formal voting on major bills takes place. In the months leading up to the beginning of a new formal session in January, I'm focusing in on what bills are priorities for me to file, re-file and advocate for in the upcoming legislative session. My column over these next months will focus on those bills.

In this edition, I want to highlight two pieces of legislation that were passed by the Senate last session which I believe would provide critical public health and safety protections to residents in Massachusetts.

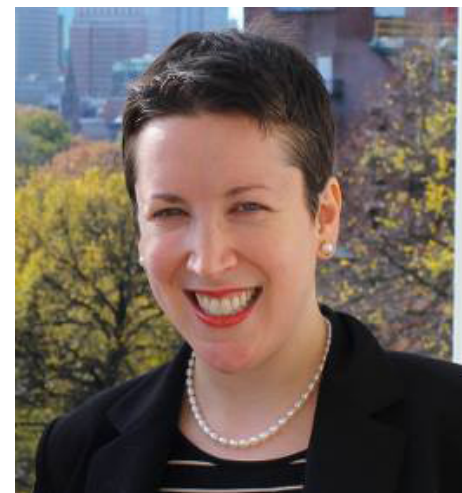
The first is "An Act to Protect Youth from the Health Risks of Tobacco and Nicotine Addiction," which would prohibit the sale of tobacco products, including electronic cigarette products, to any individual under the age of 21. One-hundred cities and towns across the Commonwealth have already raised the minimum legal sale age of tobacco to 21 and have seen positive results in terms of youth prevention.

The bill also prohibits health care institutions, including retail establishments that sell pharmaceutical goods, from selling tobacco products. CVS Pharmacy voluntarily implemented a similar no-tobacco policy in their stores in September 2014.

Last session, the State Senate also passed an important piece of legislation which aimed to reduce motor vehicle accidents and fatalities by prohibiting the use of hand-held electronic mobile devices while operating a motor vehicle.

The bill, "An Act to Prohibit the Use of Mobile Telephones while Operating a Motor Vehicle," responds to the concerns of law enforcement officials over the difficulty of enforcing the texting ban implemented in September 2010. While the 2010 law prohibits drivers from composing, sending, or reading text messages, the handling of mobile devices was banned outright only for individuals under the age of 18.

The technological capabilities of cell phones have given drivers more opportunities to become distracted at the wheel. Sending a text message or typing a destination in a GPS, multiplied by several times on a highway, quickly becomes a public safety issue.



Five seconds is the average time a driver's eyes are taken off the road while reading or sending a text message. At 55 mph, those five seconds are enough to cover the length of a football field. The result has been an estimated one million motor vehicle accidents and 3,000 fatalities a year caused by distracted driving.

The bill would ban the use of hand-held mobile electronic devices while operating a motor vehicle unless the devices are used in hands-free mode. It further prohibits drivers from touching or holding a mobile electronic device except to activate, deactivate, or initiate a feature or function. This prohibition includes accessing the internet to compose, send, or read an electronic message or to input information by hand into a global positioning system or navigation device while operating a motor vehicle.

First offenders would be issued a \$100 fine, a second offense would be a fine of \$250, and a third offense would be a \$500 fine and would be considered a moving violation and surchargeable event for auto insurance purposes.

Fourteen other states and the District of Columbia prohibit drivers from using handheld mobile devices, including New Hampshire, Connecticut, and Vermont.

These two bills would provide important updates to the Commonwealth's public health and safety laws. Massachusetts has fallen behind other states and individual communities in the region that have already enacted similar life-saving measures. If residents are interested in advancing these bills in the next, two-year legislative session, I would encourage them to strongly advocate for their passage to their elected legislators and to closely monitor the bills' progress through the legislative process.

Senator O'Connor Ives can be reached at KATHLEEN.OCONNORIVES@MASENATE.GOV

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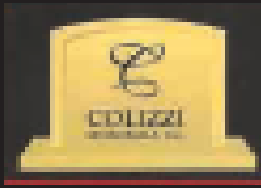
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Paid for by the Committee to Elect Diana DiZoglio

Navy Vet, EMT, Teaches How to Save Lives

Lawrence resident and United States Navy Veteran Brian Mercer teaches others to save lives through training and education. Five years ago Mercer, an EMT and owner of a wheelchair van service in Lawrence, saw a news story about 17 year old North Andover High School student Alexander Farese, who died of a heart failure on the track. "It was such a tragedy," Mercer said, recalling the incident.

"I remember seeing a commercial the very next day of a portable home defibrillator for use by the general public."

"I said, if I can get those into the schools, into the hands of small businesses, people's boats, rv's, vacation homes, we can save a lot of lives."

A former Navy medic, Mercer served in the Navy and Marines from 1978-82 and a medical corpsman out of Camp Geiger in North Carolina.

"Now, I get to train people how to be someone's hero. Look, I've been an EMT

for a long time and these EMS workers, cops, firefighters, EMT's need your help when someone is stricken with a heart issue. Seconds save lives and if someone knows what they are doing and can keep someone alive until first responders can get there, it's the difference between life and death."

Mercer also trains CPR, first aid, survival training, dealing with hot and cold emergencies, and infant child and adult rescues.

Mercer offers a three-hour training certification class that is good for 2 years and says that teaching others and sharing his knowledge, knowing that it is going to help save lives is the most rewarding part of what he does.

"One of my students took the course and a week later he saved his mother from choking. Another student ... someone collapsed in a bar and one of my former students was there. He was able to resuscitate the victims after he

stopped breathing from respiratory failure."

"Another student saved an infant from choking last year, and countless other former students have saved people from major and minor emergencies."

"The bottom line is, it's better to know it and not need it, than need it and not know it. The person you end up saving could be someone you love."

"A heart attack is the nation's #1 Serial Killer and knowledge and training is the only way that's ever going to change. Together we can save lives if we know what to do while an emergency is happening."

To take an EMT, CPR or other EMS training you can call Band of Heroes at (978) 479-8682, or Email: brian@mybandofheroes.com. Visit Band of Heroes on-line at: mybandofheroes.com



BRIAN MERCER - BAND OF HEROES

Methuen Ballet Ensemble Performs Nutcracker!

It seems hard to believe that the warmth of summer is already simmering down and that the cool autumn breezes are starting to sweep in. While many are feeling the pangs of summer's end, for others, this change in season marks the early beginning of the holiday season.

For one local ballet company, each year, this change in season has always meant one thing-- it's time to start rehearsing for The Nutcracker. Vanessa Rae Voter Shaheen founded Methuen Ballet Ensemble in 1989 as a platform for promising students to showcase their talents, performing both classical and modern ballets for the public. Her inspiration came from her years as a dancer with Boston Ballet. During the audition process for "The Nutcracker", those children not cast in roles touched her, by their disappointment and tears. She vowed that someday she would have a company of her own, where every child who auditioned would be guaranteed a part. She realized her dream and has been successfully staging "The Nutcracker" for

twenty-five years, never having rejected an auditioning dancer.

For many of us, the holiday season is not quite official until we have seen at least one Nutcracker. What makes the Methuen Ballet Ensemble a standout in the crowd of local productions? For one, all principal roles are performed by full company members of the Methuen Ballet Ensemble. According to Ms. Voter Shaheen, "The company dancers are not kids. They are adults who have danced all their lives and have a true passion for dance. All of them are full-time professionals in some career outside of the dance studio or in the classroom." For example, "One of my principal dancers is a Methuen resident and a local dentist.

Another principal dancer is the Senior Activities Coordinator for the Wellesley Council on Aging. I have a soloist, who is a Merrimack Valley native, but is an attorney in New York City." The dancers are truly dedicated. They have long, stressful work days, and some even have families to care for, but as each day is coming to

a close, they are headed to the studio for hours of barre and rehearsal. One company soloist is a local dental hygienist, and a mom and stepmom to five children. "She's amazing. She does it all. None of the dancers are paid to dance," said Ms. Voter Shaheen. "They dance because they love it."

In addition to the principal roles, all other roles are cast with ballet students from Ms. Voter Shaheen's local ballet studio, Voter's School of Dance in Salem, NH, and another studio where she serves as the ballet mistress, North Shore Performing Arts Studio in Ipswich, MA. "Giving these students the opportunity to perform in a full-scale ballet, with experienced performers, in a beautiful, professional theater, is such an impactful experience. It's a memory that will last a lifetime."

The productions are of a professional quality. Each year, the production gets better. "The choreography changes, the dancers incorporate new tricks, we change the costumes, we upgrade the sets."

This year, audiences will be impressed by the Ensemble's new growing tree. "Our old tree grew as well, but this one is bigger and it's more high tech. It's very impressive." Each show delights with falling snow, twinkling lights, and a confetti firing cannon. "These are the effects that the kids in the audience always love. You can actually hear their 'oooo' and 'ahhhhh' from the stage wings when the snow begins to fall during the Waltz of the Snowflakes. It's so rewarding." The Ensemble is also fortunate enough to have most of their costumes custom designed and constructed by a local Methuen seamstress, Mrs. Teresa Korzeb. "Mrs. Korzeb has been sewing custom designs for decades.

Having costumes that you won't see in any other show is really special.

They are Methuen Ballet Ensemble

originals."

The main productions are all held at the Firehouse Center for the Arts on the waterfront in downtown Newburyport, MA. "Our shows are held over the weekend following Thanksgiving. There is no better way to get into the holiday spirit," said Ms. Voter-Shaheen. The weekend of the performances happens to coincide with Newburyport's Santa parade and tree-lighting (Sunday, November 27th.)

In addition to performing at the Firehouse, the Ensemble will be making an appearance at the Festival of Trees in Methuen, MA on Sunday, November 20th. Attendees can enjoy meeting and taking photos with some

of the Nutcracker characters, and possibly even a short performance.

The Ensemble has also enjoyed a more recent annual tradition of performing for the senior citizens at the Wellesley Council on Aging.

They are looking forward to this performance in mid-

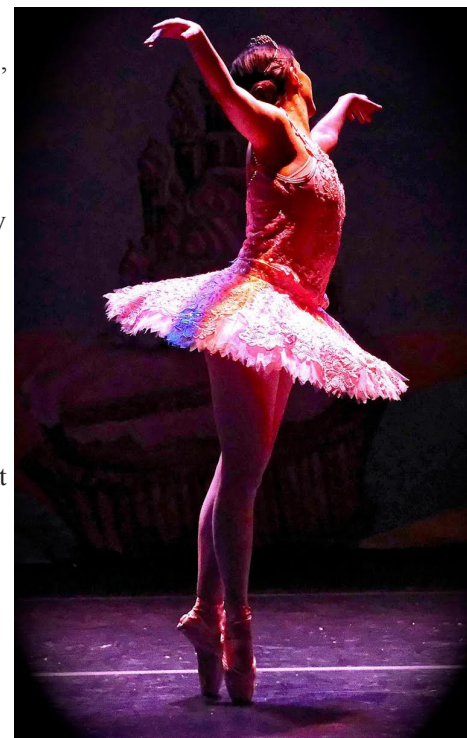
December.

If you're interested in having the Methuen Ballet Ensemble be a part of one of your community or corporate events, please email info@votersdance.com.

Interested in attending a performance? Details: Saturday, Nov. 26th, 3PM Saturday Nov. 26th, 7PM *A special reception will be held at 6PM for all 7PM performance ticket holders. The reception includes complimentary hors d'oeuvres and a cash bar.

Sunday, Nov. 27th, 3PM Tickets: All Seats Reserved \$24.00, 3PM shows \$26.00, Gala and 7PM show Firehouse Box Office 978-462-7336 www.firehouse.org

To learn more about the Methuen Ballet Ensemble, visit: www.methuenballetensemble.com



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NOTEBOOK: FROM PAGE 11

You can listen to The Sicilian Corner live every Friday from 9:00 a.m. to noon on Eagle Radio 1110AM, WCAP 980AM, eagleradio1110.com, and Tune In Radio. Podcasts of previous shows can be heard on eagleradio1110.com.

For more information contact Tom Zapala at 508-509-9589

LOWELL - MRT BRINGS A HAUNTING NEW ENGLAND TALE TO THE STAGE WITH “ABIGAIL/1702”

This fall Merrimack Repertory Theatre (MRT) presents the regional premiere of Roberto Aguirre-Sacasa’s “Abigail/1702”, the haunting play that asks what might have happened ten years after the Salem witch trials. At the center of the story is Abigail Williams, the young accuser of 1692’s Salem Village, as she tries to begin a new life after the hysteria has subsided—yet remains haunted at every turn by terrors of the past. Tlaloc Rivas directs.

The 90-minute performance will run without an intermission. Performances are October 12th – November 6th. Press performances are at 8:00 pm on Saturday, October 15th (Opening Night), and 2pm on Sunday, October 16th. All performances will be held at the Nancy L. Donahue Theatre, located at 50 East Merrimack Street in historic downtown Lowell. Tickets range from \$70 - \$26 and are on sale now at www.mrt.org or by calling 978-654-4678.

PHOTO CONTEST - Essex Heritage Announces 2016 Photo Contest. All photographers invited to submit images that capture the spirit of Essex County by December 1, 2016.

In celebration of Essex Heritage’s 20th Anniversary, all photographers are invited to submit images to the Essex National Heritage Area Photo Contest that capture the unique character of the Essex National Heritage Area (Essex County) or speak to Essex Heritage’s role in preserving the historic, cultural, and natural places of Essex County. Photographs must be taken within the Essex National Heritage Area (Essex County) and represent one of the three Photo Contest categories for this year. The 2016 Photo Contest categories are: “This Land is Your Land,” “Go Coastal!” and “Downtown.” All submissions are due by, or must be postmarked by, December 1, 2016. Sponsored by the Essex Heritage, Hunt’s Photo & Video and the Merrimack Valley Planning Commission, the 2016 Photo Contest will award up to 14 prizes to photographers: one Grand Prize winner and a People’s Choice award followed by a first, second, and third prize winner in each of the three contest categories. Youth prizes may also be awarded to up to three winners ages 5-17 in any contest category. The award-winning photographs are to be exhibited at the Hunt’s Photo & Video flagship store (100 Main Street, Melrose, MA) and will also be displayed at the National Park Service Visitor Center in Salem (2 New Liberty Street, Salem, MA) and the offices of the Merrimack Valley Planning Commission in Haverhill (160 Main Street, Haverhill, MA).

Visit essexheritage.org/photocontest to learn more about the 2016 Essex Heritage Photo Contest and to download an entry form.

LAWRENCE - NECC HEALTH FAIR
A Health & Wellness Fair will be held at Northern Essex Community College’s Lawrence campus on Monday, October 17, from 9 a.m. to noon. The fair will highlight the more than two dozen health care programs available at NECC as well as universal health topics such as sleeplessness and stress.

Free and open to the public, the fair will be held in the atrium of the Dimitry Building on the college’s Lawrence Campus, 45 Franklin Street.

Rite Aid will provide flu shots. Bring your health insurance card.

Everyone attending is eligible for free raffles.

Student and faculty representatives from NECC health programs, including iHealth@NECC, will be available to discuss the value of each academic health program as well as health issues related to that program’s topic.

“This fair is open to anyone who may be considering a career in health care as well as anyone with an interest in medical topics,” said Linda Comeau, assistant director of iHealth@NECC.

For additional information contact Linda Comeau at lcomeau@necc.mass.edu.

This fall, Northern Essex began offering a new associate degree program in public health and a certificate in community health care worker.

Northern Essex also offers associate degrees in General Studies: Movement Science Option, Nursing (ADN), Nursing Advanced Placement: LPN to RN, Paramedic (EMT-P) Technology, Radiologic Technology, and Respiratory Care; certificates in Computed Tomography, Dental Assisting, Medical Assistant, Paramedic (EMT-P) Technology, Practical Nursing (PN), and Sleep Technologist; and a course in EMT-Basic.

For more information, visit the website www.necc.mass.edu/health

ANDOVER - Sun. Oct. 30th Lecture: Self-Taught Artists in the Twentieth Century: Martin Ramirez and His Peers in the Art World 2 - 3PM FREE at Addison Gallery of American Art at Phillips Academy 3 Chapel Ave.

LOWELL - Sun. Oct. 9,16, 23,30 Nov 6th Accoustic Bluegrass Jam (highlighting, but not limited to bluegrass) 3:30-6pm at Coffee & Cotton, 250 Jackson St. - FREE! merrimackvalley.org/events/bluegrass-jam-coffee-and-cotton-mill-no-5-9

Newbury:
Wed. Oct 12th Can Hypnosis Help You? 1 -2 PM FREE Newbury Town Library eventkeeper.com/code/events.cfm?curOrg=NEWBURY

NEWBURYPORT - Sat. Oct 15th Newburyport’s Great Pumpkin Lighting & Stroll Market Square 5 - 8pm - FREE family-friendly event - bring own jack-o-lantern - Pumpkin carving 3 - 5 PM - tools provided.

The *PULSE!*

An Excellent City Council Sets a Bad Example

John MacDonald

VALLEY PATRIOT LOWELL COLUMNIST

On September 27th, without fanfare or discussion, the Lowell City Council approved raises for themselves and the Lowell School Committee. Currently the City Council each make a stipend of \$15,000 per year and the School Committee members make \$6,000 per year. Now, with a swift vote and no discussion, the Lowell tax payer will absorb a new annual stipend of \$25,000 per year, per councilor, and School Committee members will make \$12,000. The mayor who leads the City Council and serves as the Chairperson for the School Committee, goes from \$21,000 per year to \$30,000.

The Lowell City Council, which I have thought a lot of, made a terrible decision in my opinion. Police, firefighters, teachers... right down to the City Hall janitor struggle and often have to fight years, just to get a small increase. I guess, in essence, “time” is what really rubs me the wrong way about this. Within a short couple of months, since the issue arose in City Council chambers, the raise for the incoming 2018 council was swiftly approved.

The Council voted 8-1 with only one lonely councilor voting against the measure. Former Mayor Rodney Elliott stood his ground and voted no.

In speaking with the Councilor he said that he felt that the council was currently paid fairly and that there were other priorities that should have been addressed. I agree.

Personally I don’t agree when a sitting councilor who complains of the time constraints on his family and personal time, because of their service. Why? Because it’s public service. Councilor you ran to serve, you fought to serve, you worked hard to earn your spot, so you could serve. Was it all about the money?

Some councilor’s historically have spent countless hours serving the city and probably deserve higher pay, but many others make a weekly appearance at council chambers and have done little more. The current council has actually been very good and I appreciate the hard work they have done and the commitment they display, but this pay raise was wrong.

Why was it wrong, beyond sending a bad message to our public employees? It’s wrong because, never was it discussed what this increase would cost the individual

tax payer per year. Again... it was wrong, because when teachers spend months and years without contracts in the past, the answer to them was always that there was no money in the budget, but now... we have money. We have money to spend on raises for public officials... almost instantly. Instead of years of discussion, this vote is taken months within from when the original motion was proposed.

Now, how can the Administration proclaim that there isn’t enough money for anything, when so little time is spent by the city council on just thinking about the impact? Just thinking about the perception to the general public in Lowell?

I really do like this Administration and City Council. However, when this opinion writer spends countless hours, side by side, with a group of volunteer veterans doing some good... it irks me to hear a city councilor whining about the time they are spending away from home. When I see volunteers give countless hours serving meals or helping their fellow man, it irks me to hear a city councilor whine about how valuable their service is to the city and that they should be fairly compensated.

It gives me pride and warmth when I learn of a Lowell teacher, who buys a child’s laptop out of her own pocket, so the child can do school work. Mom couldn’t afford it, the teacher knows it and takes her limited funds to do good. The teacher, who was dragged through the mud for three years without a contract or pay raise... buys it. So it irks me when a city councilor can sit in council chambers and swiftly vote away the tax payer’s dollars for themselves.

And it’s going to irk me when the inevitable request will come next year for a tax increase. I hope every tax payer in Lowell remembers this pay increase, when the crying and teeth gnashing begins early next year; when underfunded pensions and the Cadillac tax take swipes at the budget; or when the snow is piling up and the snow removal budget just doesn’t cut it. How about the next union contract?

So will the big stipend attract more candidates? Will it be worth it councilor if you can hang on into 2018, for that juicy stipend? Or will the big stipend become a campaign issue next year? I think the latter and... a big one.

John MacDonald is the CEO of Big Decisions LLC and hosts Jmac and the Bear and The Pulse on 980WCAP radio.

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Famed, Comcast TV chef Robert Irvine visited Haverhill last month to speak with veterans at the VFW about nutrition and healthy eating. Irvine toured the kitchen, did push-ups with the vets, signed autographed photos and posed for photos after his talk. The event was sponsored by Randy Carter (center) and the Veteran's Northeast Outreach Center.

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Retired Army Colonel Sam Poulten salutes our Vietnam veterans at the Welcome Home Vietnam Vets Benefit Concert at Lowell Memorial Auditorium last month.

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Governor's Council

on November 8!!



Member, Massachusetts BAR Association

Member, North Shore Women's BAR Association


Board Member, ARC of Greater Haverhill and Newburyport


Government Affairs Committee of the Massachusetts Association of Retarded Citizens

Eileen holds a Masters of Management and a Doctorate of Ministry

Eileen Duff has been an advocate for victims and their families holding the system accountable.

Duff has restored an atmosphere of civility to the Governor's Council and chairs the Rules Committee. Among her achievements are bringing hearings into the community so local citizens can attend, advocating for community courts and providing assistance for Veterans & the Disabled in the Court System.






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We ran into these fine young ladies last month raising money for the North Andover Boosters cheerleading squad outside Heav'nly Donuts on Main St. in North Andover.

From left to right are: Emily Smith, Julia Kelly, Olivia Kelly, Marissa Burke, Cedena Rocheford, Tiana Rivera



Richard Hanlon, AVP of Business Lending at MVCU, presents Carina Pappalardo, Chief Executive Officer of The Psychological Center, with a donation of \$5,000. Pappalardo said she will use the money for the Psychological Center's Overcoming Obstacles gala honoring Charlie Manzi at Salvatore's Restaurant, 354 Merrimack St. in Lawrence on October 14th at 7pm. Tickets are \$50. To order tickets email kelly.townsend@Psychologicalcenter.com.



Arnie Muscovitz of the support group "Parent's of Murdered Children" held their 8th annual candlelight vigil last month at Lowell City Hall. Guest speakers included; former state senator, and police survivor Stave Panagiotakos, Lowell City Councilor Rita Mercier and parents and family members of murder victims in the Merrimack Valley. More than 200 names of murdered family members were read at the somber event that ended with Paul Belley playing Amazing Grace on his saxophone.



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KEVIN LEACH's priorities as Sheriff:

- To protect the citizens of Essex County, so they can live peacefully, in safety and security, by enforcing the laws equally, fairly and impartially without fear or favor. And, to preserve, protect and defend The Constitution against all enemies, foreign and domestic.
- To treat employees equally, fairly and impartially without fear or favor and, to advance employees based on merit and ability, not political influence.
- To hold those charged to my custody safely and securely. To make best efforts to correct and deter criminal behavior and, to educate, teach and train people in custody so they can return to their communities as better people and contributing members of society.



Kevin Leach is retired after decades of public service.

Former: Grand Jury Forman (2 terms); Commissioned U.S. Law Enforcement Ranger; County Commissioner (Elected); Trustee (Vice Chair) - Essex County Agricultural and Technical Institute; Essex County Personnel Board; Essex County Charter Commissioner (elected); Essex County Deputy Sheriff Superintendent; Police Officer.

Relevant Education/ Training:

Northeastern University Bachelor of Science with honors, Criminal Justice/ Law Enforcement;
Massachusetts Police Academy; Federal Law Enforcement Academy; In-Service Training Courses and Certifications

Organizations:

Massachusetts Police Association (current); FLEOA (Federal Law Enforcement Officers Association, Past);
Massachusetts Masons, A.F. & F.M; Sons of the American Revolution, S.A.R. (Life Member)

Ye Gay Ol' Valley

In the Name of Patriotism

Dani Langevin

VALLEY PATRIOT LESBIAN COLUMNIST

What is patriotism today? From what I can see it is fear, bigotry and ignorance. This came to my attention when someone on Facebook, in a discussion about the Muslim Mosque possibly being erected at the 9/11 site, said, "Can anyone imagine AMERICANS defending a Nazi Hitler headquarters in downtown DC during WWII because 'Not all Germans are Nazis'!"

To compare a place of worship to the central workings of a regime that wanted to take over the world and exterminate any one they viewed as a threat to their perfect race is unconscionable.

There are so many Americans paranoid of Muslims because of the acts of terrorists who hide behind the Muslim religion that they are losing sight of reality. There are an estimated 2 million Muslims in America. It is the second largest religion in the world. If all Muslims were terrorists, they would have conquered the world decades ago simply by sheer numbers. Muslims are not the enemy of America, terrorists are. Remember Timothy McVeigh? He was a terrorist. And what was he? Oh, yes, a white, American man. Even the colonists (white Americans) were terrorists. They refused to pay taxes, boycotted their mother country's goods, threw millions of dollars of tea into the sea and attacked their own army. And yet we owe it to those terrorists to lay the foundation for the very country we all love and live in today.

Before that, there were the Puritans, who left England to escape religious persecution. They came here and brought an onslaught of other immigrants looking for the same thing, along with wealth and land. And what did they do when they got here? They slaughtered the Native Americans who had been here for thousands of years. Perhaps the Native Americans should have had stronger immigration laws and better racial profiling to prevent European terrorists from coming into their country and annihilating their people. If they had, maybe our president would be Dances With Wolves or Kills On Sight.

America was built on embracing diversity. We pride ourselves on that fact. Have we lost sight of the inscription on the Statue of Liberty, "Give me your tired, your poor, your huddled, masses . . ." Should we add on, "As long as they're not Muslim or even Mexican"?

Fear and bigotry are born out of ignorance and it's very easy to induce all of those things into the masses under the guise of patriotism. Hermann Goering, Hitler's Minister of Propaganda himself said, "All you have to do is tell the people they are being attacked, and denounce the pacifists for lack of patriotism, and exposing the country to greater danger." The Nazi's were experts at that. They chose an enemy, spread fear in order to create political loyalty and made it clear that if you were a German and did not support the cause or the war, you were not a patriot. It worked like a charm resulting in

mass murder.

But that's not America, right? Need I remind you of the Japanese-American internment camps during WWII? In February 1942, President Roosevelt signed the Executive Order to round up over 120,000 American citizens who were of Japanese descent and place them into 'internment camps' with deplorable conditions. No trials were held, none of these people, half of whom were children, had ever exhibited any anti-American activities, yet they were called a threat to national security and basically imprisoned for years. This embarrassing stain on American history came out of fear, ignorance and bigotry all wrapped up in an American flag called patriotism.

The internment of Japanese-Americans was coupled with McCarthyism. During the cold war, Americans were so fearful of the spread of Communism that our government created a modern day witch hunt. In June of 1940, Congress passed the Alien Registration Act making it a law that all residents over 14 years old had to divulge their occupation and political affiliations. A list of 100's of U.S. citizens with possible communist connections was compiled. They were rounded up and questioned. If they chose to exercise the 1st Amendment because it was their right to do so, the courts said that they could not and they were jailed without a trial. Even the KKK backed these actions up in a telegram stating, "Every true American, and that includes every Klansman, is behind you and your committee in its efforts, to turn the country back to the honest, freedom-loving, God-fearing American to whom it belongs." Wow!

Now, we are targeting Muslims and associating their entire population with terrorism. We are using the same language to justify our actions as we have throughout history, "They are a threat to national security, unpatriotic behavior, vehicles to overthrow the government, members of left-wing groups, conspiracy, un-American," and so on. I do not want fear to govern my patriotism or my life. That would mean that the real terrorists have won.

A Muslim is not just a Muslim. How many Americans have actually spoken with a Muslim and gotten to know them as a living, breathing human being? Why are they defined by their religious affiliation only? It would not be fair to allow one aspect of a person to define all of who, and what, they are. For instance, I am an American, a woman, wife, lesbian, ex-Catholic, teacher, sister, aunt, writer, nature lover and Unitarian. Which one defines me? Which one do you fear the most?



Dani Langevin is a teacher and has a Bachelors in Fine Art and Masters in Education. She has written four young adult novels, one of which is self-published. You can email Dani at dblangevin@aol.com

Beneath the Surface

The Presidential Election: Two Truths and Five Reasons

Paul Murano

VALLEY PATRIOT COLUMNIST

There are Two truths I have concluded about this upcoming presidential election. The first is that Donald Trump has shown himself to be highly immature, self-serving, undignified, pompous, highly insulting, and a terrible candidate. The second truth is that we have a moral obligation to vote for him. Here's why.

Politically, I am an Independent. Out of 17 Republican candidates for president, Donald Trump was probably my 17th choice. When his popularity rose, dumb-founded, I begged people on my radio show and through Facebook to tell me why they would possibly support him. I received no reasonable responses. That said, on November 8, I will be voting for Donald Trump; and I propose that anyone with a properly formed conscience will be doing the same. Here are Five basic reasons why:

1) Prenatal Homicide is Unjust. There is nothing more evil than the legal slaughter of innocents, no matter how it is rationalized; and no one with a living conscience could possibly allow other issues to take precedence. Doing so would be akin to voting for Hitler because you like his health plan, or Mao because he's for the little guy, or Stalin because you like his foreign policy. If one lives in the midst of an ongoing legal genocide, and we are now in our 44th year, concern for other issues takes a back seat. No humane or civilized person could possibly ignore what happens to 4000 preborn children each day in America. In a speech on September 10th, The National Day of Remembrance for Aborted Children, Fr. Michael Orsi, chaplain of Ave Maria Law School proclaimed: "The prophets, including John the Baptist and Jesus, lost their lives because they spoke the truth to power... Too many... in Germany refused to speak against national socialism, and look [at] the result: millions of Jews, pastors, priests, homosexuals, gypsies all lost their lives because everyone was afraid." On November 8th we can defend our most vulnerable with our vote against the Democratic candidate who proudly promotes the ongoing legality of their unjust killing.

2) The Breakdown of the Fundamental Unit of Society Continues in Earnest. This is the family, whose foundation is natural marriage, and which the government has a legitimate interest in keeping strong. Calling same-sex couplings "marriage" is the last of a long line of distortions to the family that have caused the moral decay and social chaos we too often see played out on TV news. Poverty, government dependence, violent crime, promiscuity, and hopelessness are largely the result of fatherless families. And this is largely due to societal acceptance of premarital sex in the 1970's, which itself was the result of the popularization of the birth control pill. Contraception de-links sex from procreation and sex from marriage, inevitably leading to vast increases in abortion and fatherless families. This de-linking and disintegration of human nature has led to massive confusion on the meaning and purpose of sex,

marriage, and self-identity. For the past 35 years the Democratic Party has become the political arm of this satanic movement to unravel the family and society from within.

3) A Virtual Repeal of the First Amendment is Imminent. We have already seen the precursors of this in the form of "safe-zones", "trigger warnings", and the intimidation of religious institutions that do not "toe the line." It is all part of an agenda to make unpleasant truths hate speech, ultimately striving to control the population by controlling the language. A Hillary presidency would expand this ideology and, perhaps, make illegal the speaking of "offensive" truths that challenge the false narrative of the left.

4) Schools Have Become Propaganda Establishments. One reason the education establishment fights against school choice and competition is that they know it would make it more difficult to control the ideological agenda. Young people would be healthier and much less confused without the top-down federal control that Democrats and Hillary support over education.

5) Social Engineering Must End. The reactionary movement against "white privilege" and Christianity paves the way for blatant unjust discrimination against anyone not perceived as a victim. This includes being blacklisted, fired, ridiculed, passed over for hiring; losing one's business, and having one's reputation tarnished by lies – simply for refusing to embrace the latest in vogue unnatural behavior in the name of "inclusion". Hillary has specifically stated that religious beliefs "have to be changed" to fit into her distorted understanding of reproductive health care.

This election cycle, people of good will must share the common goal of preventing the continuation of the unraveling of America through a third Obama term, a Hillary presidency. The only reasonable way to do this is to hold one's nose and vote for Donald Trump. To be fair, since his nomination Trump has surrounded himself with highly ethical people and has promised to appoint judges that will respect the Constitution. Yet, it still doesn't come easy for many of us.

Our vote matters – for the common good, the soul of the nation, and for our own souls. Voting is a moral act for which each of us will render an account on judgment day. May we search our hearts and make our vote correspond to the loud call of justice in our day.



Paul Murano teaches philosophy at Rivier University and North Shore Community College and is host of Beneath the Surface radio show on WCAP, Mondays 10-11pm, with podcasts available at [facebook.com/fellowtruthseekers](https://www.facebook.com/fellowtruthseekers). Paul teaches adult enrichment at St. Patrick's in Nashua, is founder of Heartbeat Pregnancy Help center in Burlington, and is a singer-songwriter-musician. E-mail Paul at PJDM@aol.com

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Cindy Annis
VALLEY PATRIOT VINYL COLUMNIST

Often called the godfather of Halloween, Bobby Boris Pickett was born on February 11, 1938 in Somerville Massachusetts. His real name is Robert George Pickett.

In 1961, Pickett was discharged from the army. From there he moved to Los Angeles to get into show business. He wanted to be an actor, but his plans fell through. By 1962, Pickett was singing at night clubs with a group called the Cordials. One night while performing, Pickett imitated horror movie actor Boris Karloff while singing the Diamonds hit song “Little Darlin’”. Band member Larry Capizzi encouraged Pickett to use his Karloff imitation more. Capizzi helped Pickett write “Monster Mash. The song took three hours to write.

The song was turned down by four record companies until producer Gary S. Paxton heard the song and agreed to release the song on his Garpax record label. The backup group called The Crypt Kickers are members Leon Russell, Johnny MacRae, Rickie Page, and Terry Berg. Inexpensive sound effects were used throughout the song. A nail being pulled from a piece of wood was used to make the sound of a coffin opening up. Pickett blowing bubbles through a straw made the cauldron sound, and chains being dragged were used. Monster Mash was in the billboard hot 100 charts three different times. The first time it was on the charts was in the #1 position on October 20, 1962. On August 29, 1970 the song reappeared on the charts at #91. Finally on May 5, 1972 Monster Mash made its final appearance landing at #10 on the Billboard charts. In total, 4 million copies of Monster Mash have been sold up to this point. The song was so popular, that the scariest person in show business, Boris Karloff, sang the song on Shindig in 1965. In 1994 oldies 103.3 WODS paid a lot of money to have

Pickett record a version of the song with different lyrics to accommodate the stations oldies format.

Pickett isn’t a one hit wonder. In the 70s, he recorded two songs with American lawyer Peter Ferrara. The first song that came out in 1975 was a spoof of “Star Trek” called “Star Drek”. In 1976, “King Kong (Your Song)” was also released by the duo. Both songs got a fair amount of air play on the Dr. Demento show.

The monster theme was used in other novelty songs. In 1984 on the Easy Street record label, “Monster Rap” was released but never charted. In 1992, “Its Alive” was released and can be found on the “Dr. Demento Basement Tapes No. 1” album. A new version of “Monster Mash”, called “Climate Mash” was recorded in 2005 protesting climate change.

Recording songs wasn’t the only thing that Pickett did to pay the bills. In the early 60s, Pickett had a Saturday night radio show from 9 until midnight on AM 870 KRLA in Los Angeles.

By 1995, “Monster Mash” the movie was released to the public. The movie came out of a theatre production written by Pickett and Sheldon Allman called “I’m Sorry the Bridge Is Out, You’ll Have to Spend the Night”. That long title was used as a song in the movie. This is a horror movie with comedy and music. Full House star Candace Cameron played the girl friend, while Bobby Boris Pickett plays Dr. Frankenstein.

Sadly, on Wednesday April 25, 2007 Bobby Boris Pickett died of leukemia at the West Los Angeles Veterans Hospital. He was only sixty nine years old. He left behind a sister, a daughter, and a granddaughter.

Tune into Cindy’s Vinyl Vault Sunday nights from 10 to midnight, Monday nights 11 to midnight, and Wednesday nights 9 to 11 for the best music from the 50s through the 70s ever placed on vinyl. Remember it’s not how old it is, but how great it sounds.



NBC’s ‘This Is Us’ Is This Year’s Best New Drama

Bill Cushing
VALLEY PATRIOT TV COLUMNIST

Every year there are a bunch of new TV shows that premiere. Some will make it, some will not. If you read my column last month, you would have seen that one of the new shows I recommended checking out was NBC’s ‘This Is Us.’

‘This Is Us’ is a drama series about a group of seemingly unconnected people who all share the same birthday. The series, set in Pittsburgh, follows married couple Jack (Milo Ventimiglia) and Rebecca (Mandy Moore), twin siblings Kate (Chrissy Metz) and Kevin (Justin Hartley), and successful family man Randall (Sterling K. Brown). When we first meet them, Jack, Kate, Kevin and Randall are all celebrating their 36th birthdays, as well as dealing with the trials and tribulations of their lives.

Rebecca is pregnant and in the first scene, her water breaks, sending her and Jack to the hospital. Kate is dealing with her addiction to food and her struggle with her weight. Kevin is a sitcom actor, tired of the low quality work he has to do day after day. Randall, after searching for a while, has located his father. All of these characters are beginning new chapters in their lives, and making changes. That’s how the story unfolds, and as it does, we begin to learn that a birthday isn’t the only thing that connects these characters. To say too much more would give away one of the best twists in recent TV memory.

The pilot episode is expertly constructed, well written, and beautifully

presented by the actors. Watch for a great scene between Gerald McRaney, as the doctor delivering Rebecca’s baby, and Milo Ventimiglia.

Granted, we’ve only seen 2 episodes. But so far ‘This Is Us’ is a breath of fresh air in the age of formulaic network TV dramas. Heartfelt dramas are becoming increasingly rare in today’s TV landscape.

If you’re a fan of slam-bang action shows with lots of blood and violence and have no taste for a smart drama series with a lot of heart, then this probably isn’t the show for you. But if you were a fan of a show like ‘Parenthood’ and you’re looking for a comforting show that doesn’t sacrifice intelligence for quality, then check out ‘This Is Us.’

The series had a lot of buzz surrounding it even before it aired. When the trailer premiered on YouTube back in May, it garnered over 17 million views in its first 3 days. It has since been watched over 65 million times.

If you’re concerned about getting interested in a show only to see it get cancelled, don’t worry. The show is one of the highest rated new shows of the fall and has already been picked up for a full season.

‘This Is Us’ comes from Dan Fogelman, the screenwriter who wrote the film ‘Crazy, Stupid, Love’ and airs Tuesdays at 9 on NBC. You can catch up On Demand.

Do you have any questions about TV? Email me at BillsTVPodcast@gmail.com. I will answer all of your questions and will feature some of the questions I receive in a future column.

Follow Bill on Twitter @BillsTVPodcast and on Facebook at Bills TV Podcast for daily up-to-the-minute TV news and discussion.



The Valley Patriot was trolling twitter last month and found this photo of presidential candidate Hillary Clinton with Valley Patriot family member Kelly Steinberg on the campaign trail in New Hampshire.

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Newbury resident Don Jarvis (right), a wounded hero military veteran who served tours in Iraq and Afghanistan with his service dog Mocha, got the treat of his life last month in Lowell when our friend Dan Strange and others conspired to get Don backstage to meet his hero, Weird Al Yancovic. Don was accompanied by the dreaded Storm Troopers .



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TRUTH: FROM PAGE 9

able” to being hacked while she was Secretary of State. But, the FBI director also said there was “no evidence” anyone gained access to it. Maybe they did, maybe they didn’t, but the evidence isn’t there. For Trump supporters, on Fox News claim as a fact that Clinton “leaked classified information” is at best, speculation, and at worst and outright lie. We rate this claim as FALSE.

HILLARY LIED ABOUT TURNING OVER HER WORK EMAILS, NOTHING SHE SENT WAS CLASSIFIED: According to Hillary Clinton, she turned over all her work related emails to the government as required by law after being caught with an illegal email server in her home. The FBI director said quite clearly that Clinton did not turn over all her work related emails and in fact, several of her emails were classified, and were marked classified at the time they were sent or received. We rate this claim as TRUE.

TRUMP SUPPORTED THE WAR IN IRAQ: CNN has obsessed on Donald Trump’s statement to Howard Stern years ago “yeah I guess so” when asked if he supported the war in Iraq. This was before the troops actually went in. But a lukewarm “yeah I guess” is hardly “an endorsement” for the war. If your mom asks you if you support her decision to remarry, and your answer is “yeah, I guess” will she interpret that as an “endorsement” of her decision? I think not. Therefore, we rate this claim that Trump “supported” the war in Iraq as FALSE, with the caveat that he did not oppose the war before it started, as he claims.

TRUMP CALLED MEXICANS RAPISTS: From the very start of the campaign the media has manipulated people’s emotions on this issue. Trump said the Mexican government is sending people to the US who are “not their best” adding that they send rapists and murderers who come here and commit crimes. He never said all Mexicans were rapists or murderers. But, the news media manipulators love to take a generalized statement and apply it to all people of that general group. If I tell you that women are better nurturers, am I saying “all” women are better at nurturing? No. It means, on the whole, most women are better at nurturing. The news media has mislead the voters to believe Trump “insulted all Mexicans as rapists and mur-



derers” but, we rate this claim as FALSE, and go even further saying it is purposely misleading to smear Trump with Latino voters.

TRUMP HATES BABIES: Of all the things I have heard in this election, flipping on CNN one afternoon to hear a CNN “analyst” say the phrase... “and now we learn Donald Trump hates babies.” This stemmed from Trump joking at a rally to get the crying baby out of the room. By the time he made the remark the baby was already out of the room. The mother of that baby said on the news the next day that she knew he was joking and found it funny. We rate this claim as patently false, and purposely misleading.

TRUMP CALLED MISS UNIVERSE “MISS PIGGY” AND “MISS HOUSEKEEPING” BECAUSE SHE GOT FAT AND IS HISPANIC

During the first presidential debate Hillary Clinton claimed that Trump called a former Miss Universe “Miss Piggy” because she gained weight, and also called her “Miss Housekeeping” because she is Hispanic. Certainly that is the claim by the former Miss Universe herself, as well as the CNN Clinton propaganda machine. But, there is no evidence to back up this hearsay claim. Furthermore, records show that the Miss Universe organization wanted to fire the pageant winner and take away her crown for violating her contract by gaining 60 pounds. It was Trump who defended her title and negotiated a way for her to keep it by losing the weight she had gained. Maybe Trump called this woman “Miss Piggy” and maybe he didn’t. But, there is no evidence of that, so we rate this claim as FALSE.

PUNCHARD: FROM PAGE 6

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Medicare Open Enrollment for 2017
Friday, October 28th at 9:30am. Free.

From October 15 to December 7th is when ALL people with Medicare can change their Medicare Health Plan and prescription coverage for the coming year. This forum includes an explanation of Medicare, including the Medicare drug benefit.

Women’s Outdoor Adventures
Monday, Oct. 17th: Baker’s Meadow. Meet at the Center at 9am. Pre-registration required.

Men’s Outdoor Adventures
Wednesday, Oct. 19th: Foster Pond & Goldsmith Reservations. Meet at the Center at 9am. Pre-registration required.

NATURE WALKS

Fridays, through October 28th. 8:30 a.m. Meet in the Center parking lot. Rainy weather cancels trip.

Solar Energy Savings: Getting off the grid and lovin’ it”
Thursday, October 6th; from 7 to 8pm. Free.

Learn about local energy options. Presented by Anil Navkal, Lead, Energize Andover Program and member of the Andover Green Advisory Board.

Organizing once and for all
Thursdays, Oct. 13th, 20th and 27. 6:30 – 8pm. \$25 for series.

People have been raving about the Kon Mari method of organizing. Come learn some practical tips on getting organized once and for all.

All semester exercise classes are now in session. For complete listings visit www.andoverseniorcenter.org. Drop by or call us for information at (978)623-8321. All classes are held at the Center at Punchard at 30 Whittier Court and are open to entire community as space allows.

Salisbury Annual Fall Town Meeting

The Town of Salisbury is holding its’ Annual Town Meeting on October 24th at 7pm at the Salisbury Elementary School. Voters should know what is on the warrant within two weeks before town meeting. Warrant Articles will be posted on the Town of Salisbury website.

Two articles submitted by town residents address sewer user fees being based on water usage, and zoning change to allow 89’ high condo buildings units on the barrier beach.

SEWER USER FEES BASED ON WATER USAGE:

A YES vote will have the Town comply with the Town’s grant agreement with the government.

•Supporters of this measure say that this sewer user vote will help small families, senior citizens and everyone who conserves water. It complies with EPA’s 1992 recommendation to Salisbury after the Town completed the water meter installation program, the Clean Water Act, information given to the state and the MassDEP to implement a sewer user system based on actual water

The town’s original “sewer rules and regulations” and votes taken at Town Meeting in 1990, (and in October 1992) “The sewer user fees shall be determined by water usage”. The benefit to the town is that there will be no loss in revenue from all users. VOTE YES!

This is a citizens article to reinstate sewer user fees using actual metered water method from the EQR method adopted by the Board of Selectmen acting as Sewer Commissioners in 2008:

Below is that actual warrant article.
To see if the Town will vote to amend Article 19 of the May 19, 2008 Annual Town Meeting to read that “The Town will vote to amend Article 6 of the April 9, 1990 Special Town Meeting as amended by Article 20 of the October 26, 1992 Annual Fall Town Meeting” and replace, adopt and enact the following:

“All sewer users, including seasonal residents and properties that are not using water as evidenced by their individual water metering, shall be charged sewer usage fees strictly based upon their actual metered water usage and not by EQR (Equivalent Residential Dwelling Unit) flat fee charge method commencing with each individual user’s first water bill, calculated and determined by the fully metered water data history available from Salisbury’s (currently Pennichuck) Water Services Company using the Town’s annual EQR dollar rate in the billing formula.

This water usage data shall be used to determine each user’s first quarterly sewer user bill and shall continue to be calculated in the same manner, based upon the water user’s proportionate share of the actual fiscal year costs for operation and maintenance of the sewer treatment works-plant, based upon the individual user’s proportionate

contribution to the total treated wastewater that is obtained from all combined users. Adoption of this Article shall eliminate the one (1) EQR minimum charge; or take any other action relative thereto.”

• Warrant article to change zoning to allow the (89 feet) 7 floor buildings for the proposed 250+ condos at the beach center altering the Beach Overlay District.

Residents need to know that this vote further violates federal and state environmental mandates - the town’s agreement with EPA to receive the grants for their \$18 M sewer project. The condition is not to tie-in any new development (living dwellings) built within a 100-year flood plain, wetland, or barrier beach (Salisbury Beach). They also will violate State Executive Order 181 if the Town allows this proposal that will allow construction of 250+ condos on the barrier beach. VOTE NO.

• Informational meeting regarding sewer user fees and more will be held on October 15, 2016 from 10:30 AM to noon with time following meeting for individual questions at Salisbury Public Library, 17 Elm Street – BRING YOUR QUESTIONS!

Discuss: Methods – user charge system equivalent dwelling unit based on flat fee billing vs. actual metered water use billing what does this mean to all users in \$\$\$ dollars and cents.

• The difference between EQR charge method vs EQR rate

• Only user charge systems that charge in proportion to use comply with the regulations

• Fair and equitable distribution of costs for operation and maintenance of sewer system

• EPA sewer grant conditions to Salisbury and Federal and State environmental mandates.

• As of the time this paper went to print, the Valley Patriot does not know if the town is voting for the Lafayette Corridor Sewer Extension at this October 24th Town Meeting, but before residents vote they need to know, who is liable for their “local share” assessment for the sewer construction of the property that will be sewerred? What is the date of the vote to construct this sewer with the assessment order, project plan and per parcel estimate? In the October 1986 Special Town Meeting, Article 15 for \$7.8 Million Town Share the Town voted - “The additional sum of money is required to pay for increases in construction costs and expansion of sewer service on Elm Street and the Lafayette Road corridor.” Who will the Town be charging for this sewer extension? You need to know BEFORE you vote!

Every registered voter should attend and vote. Every property owner who is not a registered voter should contact the Board of Selectmen/Sewer Commissioners at Town Hall (978) 462-8232 ext. 410 and express your concerns or email them at bosadmin@salisburyma.gov

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Don’t Stress Out With Healthy Eating

Rick Bellanti
VALLEY PATRIOT EXERCISE GURU

Being on a diet or weight loss program seems stressful at times for some people, but it might be just what you need to help with the anxiety and stress of everyday life. From worrying about school and college exams, to stressful jobs with deadlines, stress will show up in one form or another and that could very well be a hindrance on a healthy lifestyle. People may turn to alcohol, smoking or unhealthy food choices.

Making poor food choices seems to be one topic that I hit upon here and the easiest to fall into without even seeing it before it’s too late. A harmful cycle of bad food choices, like grabbing drinks with unhealthy amounts of sugar and caffeine to get us through the day, leads to bad habits and those bad habits will eventually lead to a bad cycle that will run out of control and with some not so good consequences, like gaining weight, being tired all the time and stressing us out even more.

The caffeine you crave to keep yourself going is harming you more than doing you good. Too much caffeine in your diet leads to poor concentration, drops in your productivity level and you may also experience sleeplessness and your levels of cortisol will rise. When a person has a lot of stress and anxiety, they will have an increase of the stress hormone cortisol, which will make you crave the not so good food choices, like foods high in fat, sugar and salt. It does become a cycle that we must learn to break from - to live a healthy lifestyle.

Crash diets and skipping meals are not going to help you, and in fact will do more harm than good. If you don’t consume the right amount of nutrients you may experience blood sugar fluctuations which in many cases will lead to fatigue, poor

concentration and mood swings, and bring on more unnecessary stress on your body.

It is best to stick to a high protein based diet incorporating healthy carbohydrates and healthy fats, fruits that have natural sugar that can be converted into energy, and fiber rich vegetables.

Water is especially important (as I wrote in a few articles back) since dehydration is a major influence with stress issues. Drinking up to half your body weight in ounces will keep you hydrated, as well as flush out your system, and keep you full in between meals.

Exercising regularly is very effective in reducing stress, improving alertness and better concentration. Exercise may improve overall mental health by helping your brain cope with stress. So it’s much better to do a thirty minute workout before studying for that test or a work deadline than it is by grabbing a double mocha latte with extra sugar and loads of depressing caffeine.

What sort of exercise should you do to help with stress? Go for thirty minute walks or jog, take the dog out for a walk, biking or maybe even a dance class. You don’t need to join a gym. Get outside in the fresh air and find a partner to do it with. The distraction is good and being committed to meeting with friends will keep you on track longer.

As a DJ, I’ll also tell you music can do wonders for your stress. Stock up your iPod or mp3 players with your favorite song list and let the music stimulate those endorphins in your brain. The stimulation can result in better blood flow and lower blood pressure. So put on those headphones and Rock On!

Rick Bellanti is a wellness columnist and is on a journey himself to lose 240lbs, and has lost 160 lbs since the start of 2015. If you have any questions or comments, please post them to his Getting Healthy with Rick Bellanti Facebook page and once a month he will address a few of the topics here.



Ipswich Truck Driver Wins \$1M Scratch Prize, Retires

BRAINTREE, MA (September 29, 2016) – Alexander Duke of Ipswich is the fourth \$1 million prize winner in the latest edition of the Massachusetts State Lottery’s popular “40X The Cash” instant game that went on sale March 1st.

Duke opted to claim his prize in the form of a one-time payment of \$650,000 (before tax withholdings). He had planned to retire from his job as a truck driver in December, but given his good fortune, he has decided not to wait any longer and is retiring immediately.

Duke purchased his winning ticket at Rite Aid, 15 Haverhill Rd. in Amesbury. It’s the first time he has ever bought a lottery ticket at this location. The store will receive a \$10,000 bonus for its sale.

There are two additional \$1 million prizes available in the “40X The Cash” \$5 instant game.

Robin’s Kitty Corner

Alone we can do so little, together we can do so much.....Helen Keller

Robin Desmet
VALLEY PATRIOT KITTY COLUMNIST

When you start rescuing cats in the neighborhood, the word gets out. Suddenly, people start bringing you cats. Before you know it, other animals start finding their way to your door.

I was working at the pharmacy and Jade, a young girl from the neighborhood, walked through the door with a Chihuahua in her arms. It was immediately apparent that this was not her pet. The dog had no collar and was extremely emaciated. Her nails had not been trimmed in quite a while and she clearly needed medical care. Jade had found the dog wandering the streets in Lawrence and wanted to help.

I asked Kelly if she would drive the dog to the MSPCA. She never made it to her car. She walked over to one of our neighbors who owns a couple of small dogs. Fortunately for that Chihuahua their hearts and home were big enough for one more animal. They instantly took her in and brought her to their veterinarian. After a required holding period to make sure the dog was not lost, the dog became theirs. It turned out the dog had no microchip, had not been spayed, and clearly had not eaten in a while. Since that day, Ginger has thrived in Ray and Paula’s care and still gets occasional visits from her friend Jade.

A few weeks later, Kelly mentioned to me that her neighbor had seen a guinea pig outside on her front lawn. I was instantly alarmed. Guinea pigs cannot survive outside and are no match for predators. Well, it just so happens that I had recently purchased my very own, easy to use, humane kitten trap. I must say, that trap didn’t know the difference between a guinea pig and a kitten, because the guinea pig was captured in less than an hour.

Nibbler is one lucky pig. He is completely spoiled and now lives happily with a small dog and four cats, and he has two humans for pets.

Next came the snapping turtle. It was one of those blistering hot summer days and I arrived home from work. The parking lot of my condo complex was deserted. Everyone was at the beach, except for me. I was standing in the hot sun looking down at the biggest turtle I had ever seen outside of an aquarium.

I’ll admit that my first thought was to just walk away, but I couldn’t do it. I started googling information about turtles. I questioned other volunteers at the MSP-



CA. Some advised me to pick it up by the back of the shell. Others advised me to use heavy gloves. Probably good advice, but I don’t put my hands in feral cat cages and I wasn’t putting my hands anywhere near that turtle. I decided to try to coax it into a cat trap so I could safely carry it back to the pond where it came from.

Lucky for me, one of my neighbors pulled up and saw me fumbling around in the parking lot. He remarked on what a large turtle it was and he went to his garage and promptly returned with a very large bucket. The next part happened

fast, but I recall seeing lots of teeth and claws. I was quite relieved when that turtle entered the water and swam away. My advice: Don’t mess with turtles.

My other piece of advice? When someone shows up on your doorstep with a small cat carrier, do not assume that there is a cute little kitten inside; it might just be a squirrel. I think I’ll stick to rescuing cats.

Note: Lost dogs must first go through animal control before being brought to the MSPCA. Please E-mail me at: Robinjd@comcast.net if any questions.



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The Second Shot Heard ‘Round the World

Beth D’Amato
VALLEY PATRIOT COLUMNIST

There’s a ground swell of support in Massachusetts concerning the rights of law abiding citizens to own guns. Therefore, it would be fitting that history should be made again so close to where the original “Shot heard ‘round the world” originated.

Our right to bear arms is under assault once again. The most recent incident occurred this past July when Massachusetts Attorney General Maura Healey took it upon herself to enforce a law that bans the sale of AR 15’s. The Attorney General is under the assumption, as are her liberal colleagues, that the AR stands for Assault Rifle. The AR in “AR-15” rifle stands for ArmaLite rifle, after the company that developed it in the 1950s. “AR” does NOT stand for “assault rifle” or “automatic rifle.” AR-15-style rifles are NOT “assault weapons” or “assault rifles.” They fire one shot at a time with each squeeze of the trigger. Period. Regardless, Ms. Healey had no right to circumvent the legislative process to fulfill her overzealous liberal agenda.

When you hear lawmakers refer to passing more gun control legislation – that statement alone is a direct infringement on our constitutional, God given rights to protect ourselves and our families. What is also beyond infuriating and insulting is when our politicians lump together law abiding citizens that purchase and own guns legally, to criminals who get their firepower through illegal means.

At this very moment there is an organization in Massachusetts fighting diligently for our rights. They also publicly called out the Attorney General on her AR 15 gun grab. This group is called MAGR (MA Gun Rights). They are a non-profit organization that was founded in January of 2016. According to the MAGR President Christopher Pinto their membership exploded in July of 2016 due to the AG’s illegal gun ban.

Gun rights and gun ownership may not be everyone’s first priority but we must remember that every little compromise we make results in more of our freedom and liberty being taken away. The Liberal /



Progressive agenda is not just gun control but eventual gun confiscation. Per MAGR member Iron Mike Farquhar “We would not have a civil society without private gun ownership.”

The following is a quote by Chanel Prunier MAGR member, Chairwoman of Keep MA Safe and Executive Director of Renew MA Coalition: “It’s more important than ever that women protect their gun rights by getting involved politically. The liberals on Beacon Hill believe in the “rights” of male sex offenders to enter the women’s locker room at the gym, but not in our rights to deter assault by legally carrying firearms. Now is the time to get involved in the fall elections and help elect those who support our rights.” How ironic is that statement concerning gun ownership and the Bathroom Bill issue? Well, it also involves our Atty. General Maura Healey again - who publically told women to “hold it” in referring to having to share the bathroom with those of another gender.

To find out more information about MAGR (MA Gun Rights) or to become a member - please go to: Chairman@gunrights.com

Beth D’Amato is Chairwoman of the Waltham Republican City Committee

FROM ISRAEL TO THE VALLEY PATRIOT

“We Built That”

Forest Rain
VALLEY PATRIOT ISRAELI COLUMNIST
forestrain.wordpress.com

Once upon a time, the people that built things with their own two hands were admired - the pioneers. Their sweat and the dirt beneath their finger-nails was a badge of honor, a testament to their courage.

The builders, people who created something from nothing, were upheld as an example. They who made the rocky hills green, who planted vineyards and made fruit trees grow, where once, there was only desolation – they were the ones to emulate.

To set out alone, relying on no one but oneself was the mark of a man, free in his own land.

They toiled under the sun, individuals with a few family members. People with no family found friends who became family. Together they carved out an existence reborn in the land of their forefathers.

And the world watched in wonder. They dug wells and planted seeds. They built homes and schools and synagogues. They created places of beauty. They laid the foundation so that more people could come and join them, start families and have children whose laughter rang in the wind as they ran on the hilltops.

Children that were free and strong, stubborn like their parents.

Children who knew they could do anything, achieve anything if they were willing to work hard, like their parents.

Can you imagine the pride of looking at a hill and knowing that it is green because you planted all the seeds? To bring forth wine from a land once empty? To put your arm over your son’s shoulders and tell him: “Son, do you remember the day we finished building the house? You helped me lay the tiles for the roof. Our home, we did that, together.”

They are the pioneers. Once they were admired.

In America, the land of my birth, pioneers of the land are barely remem-



bered. Who remembers a time when there were no roads, no cities or towns, no gardens, no businesses?

“You didn’t build that” and “Build it for me” are much more common than, “Get out of my way and let me build for myself.”

In Israel, the land of my heritage, the pioneers are still building and creating new life where once there was none. No longer upheld as ones to be admired, they remain as stubborn as their parents. The ground resonates through their feet and the wild freedom of their hearts cannot be imprisoned by disapproval of others.

Looked on with scorn, the world now calls them the “settlers”. As if it is not due to their hard work that I have a place in which I can settle down and call home. As if there is any difference between the “settlers” of today and the pioneers of a generation ago, our founders responsible for the rebirth of this land.

People whisper in horror: “They are religious fanatics, ideologues.” As if it was not thousands of years of keeping faith with our religion and our heritage that led the pioneers back to the land that, even in exile, was always home.

As if the idea of being a self-actualized nation, free in our own land, is

ISRAEL: PAGE 25



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NEWS FROM THE AMERICAN LEGION

John Lenotte

VALLEY PATRIOT VETERAN COLUMNIST

At the American Legion National Convention this last August, Charles Schmidt of Oregon was elected National Commander.

One of his goals this year is to raise \$1 million for the Temporary Financial Assistance Program which helps veterans and their families in time of need. This program typically benefits 650 families and 1,500 children each year. Another program is working with other groups to restore World War I memorials across the country. Legion Riders raised over \$1 million for the Legacy Scholarship fund, which gives to children of those brave service members who have died since 9/11. On September 14, Lou Celli, Director of the Legion's Veterans Affairs and Rehabilitation Division, held a press conference in Washington, DC. In coordination with other veteran's organizations, the topic was a message to Congress to pass VA appeals modernization. The current process is outdated. Our veterans need to receive the care they need in a timely manner. This is what the American Legion is all about and has been since its formation in 1919.

Along with many of you, I watched the first presidential campaign debate on television. With all the topics covered, nothing was mentioned about veterans' issues, such as, access to medical care, claims appeals and still waiting for lifetime electronic medical records. Perhaps this will come up in the next two debates. I certainly want to hear where they stand on these issues.

I continue to shake my head at the incredible amounts of money being spent on all political campaigns across the country. One certainly has to be to have a fundraising machine to get elected. One radical proposal I have is to have term limits for Congress, which would include changing the 2 year term for the House of Representatives to a 4 year term. As it stands now, they get elected, work for a year and then



campaign for a year. It is doubtful that this will ever happen unless there is a massive movement across the nation. Maybe we can start it here in Massachusetts!

As I have noted in most of my articles, I feel it is critical to get past the political ads and find out where the candidates really stand and look at independent fact checkers. There are many reforms needed in government, think about the IRA, VA, OSHA and many others. With all the proposed changes by the candidates, who is going to pay for them? I know I am tired of what I will call free loaders. There are many needy people and they should get help, but too many take advantage of the system. Much reform is needed in government and I think it is about time that it happens.

I want to acknowledge that any comments in my articles are my own and do not represent The American Legion. I will note that one of the many things that the American Legion does promote is for all US citizens to get to the voting booth this coming November! Join me at the voting booth on November 8th.

May GOD bless our troops and their families. Bring them home safe.

John Lenotte, Past Commander American Legion Post 4 Haverhill MA, Past Commander District 8/Essex County, Past Commander, Department of MA. I may be reached by email at JohnLDistrict8@verizon.net



MACDONALD: FROM 1

When MacDonald came back from the Middle East he brought back with him, a good conduct medal, national defense ribbon, Kuwaiti defense ribbon, outstanding service with valor, and the short tour ribbon.

MacDonald says that Iraqi SCUD missiles were fired at his base all the time and recounted how he was eating "chow" one afternoon when he saw a PATRIOT missile take out one of the Iraqi SCUDS headed for his location.

"It's funny, when we came back from the Middle East, the first people to greet us at the airport were the Vietnam Vets. It was amazing that these guys, men who were spit on and called baby killers, and never got the welcome home they deserved, they were the ones standing there for the next generation of soldiers coming home from battle." MacDonald said.

It was then, that he says, he realized more needed to be done here at home for our veterans, in particular the Vietnam vets.

Last month MacDonald, one of the original board members of Veterans Assisting Veterans, organized an official "Welcome Home" concert for Vietnam Veterans at the Lowell Memorial Auditorium where they raised thousands of dollars for local veterans' causes.

VETERANS ASSISTING VETERANS The VAV is a group of veterans that volunteer their time to assist their fellow vets. MacDonald said he got involved because our veterans today are "not being treated much better by our government than the Vietnam vets were when they came home."

"I was sick of reading so many stories of how the government was screwing over our vets at the VA. They still aren't getting the help they need. I saw so many guys coming back, in rough shape. Many of us were involved in other veteran organizations that just didn't suit us. There were

too many things going on, and not a lot of actually helping our vets. Our mission at VAV is to raise money and help as many local vets as we can. What's made us successful is that 100% of what we raise goes directly to local veterans."

MacDonald says that VAV is more effective because there's very little paperwork and they are able to react to things right away. "We vet out individuals who need the help. We determine if they are worthy of us spending money, and once we do, we go out and service their needs."

Two months ago Veterans Assisting Veterans, in cooperation with New England Veteran's Liberty House, found out that a WWII veteran in Lawrence was about to lose his home because he couldn't pay his mortgage. MacDonald, along with JT Torres and other veteran volunteers went to his house, cleaned it, and then gave him a check for the balance of his mortgage.

MacDonald is also a big supporter of police and spoke at pro police rallies sponsored by The Valley Patriot in 2015 and 2016. At the recent Welcome Home Vietnam Vets benefit concert he gave an award to the Lowell police for their bravery in keeping the citizens of Lowell safe.

With all that going on, MacDonald and his group, Veterans Assisting Veterans has been able to place POW/MIA Chairs at Cawley Stadium in Lowell, the Veteran's Memorial Stadium in Lawrence, and many others, so those who did not come back will never be forgotten.

Each Year, VAV sponsors a black tie Gala in Burlington to raise money for their programs, and honor the medical corps units of each branch of government.

For these reason and so many more, The Valley Patriot honors and recognizes Lowell resident and hero veteran John MacDonald as our Valley Patriot of the Month.

VFW Announces Kick-Off of Annual \$30K Scholarship Competition

Commander Oscar Camargo of the Veterans of Foreign Wars (VFW) Post 2104 announced the kick-off of this year's VFW's Voice of Democracy Scholarship competition. Local high school students have the opportunity to compete for thousands of dollars in scholarships and a trip to Washington, D.C.

Students must write and record a three-to-five minute essay on the selected theme using an audio CD or flash drive and present their recording, typed essay and completed entry form to their local VFW Post by November 1. The 2016 theme selected is "My Responsibility to America." Students begin by competing at the local Post level with an entry deadline of November 1. Post winners compete at the District level with the winner advancing to the state competition.

All state first-place winners receive a four-day trip to Washington, D.C. and the chance to compete for their share of more

than \$150,000 in scholarships. The first-place winner receives a \$30,000 college scholarship.

The National Association of Broadcasters (NAB) started the Voice of Democracy Scholarship program in 1947. The VFW became a national sponsor in the late 1950s and assumed sole responsibility for the program in 1961. The competition was created to provide students grades 9-12 the opportunity to express themselves in regard to democratic ideas and principles. Around 40,000 students participate in the competition each year and VFW awards more than \$2 million in scholarships every year.

Interested students and teachers should contact the Voice of Democracy Chairman at VFW Post 2104 by phone at 978-687-9614 or email the Post at cdrpost2104@ma.vfwwebmail.com for more information.

FOR DETAILS VISIT: vfw.org/VOD.

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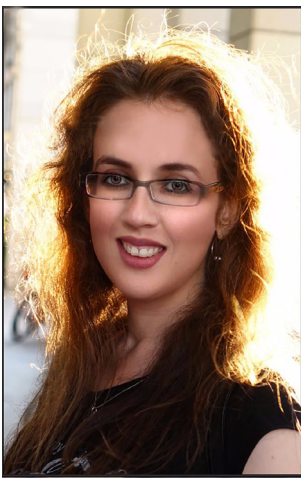
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ISRAEL: FROM PAGE 23

a right reserved only for those who are not Jewish.

Many say, "What is wrong with them? Why do they put their children in danger?" The pioneers know that being custodians of the land of our ancestors comes at a terrible price.

The murderous waves of hatred of those who wish Jews gone from the land of our fathers break upon the backs of the pioneers. All too often they pay in blood and tears for the right to enjoy what they built with their own two hands. It takes a will of steel to stand unmoving, but



they know that they stand in the gap. Should they step aside, the waves will crash, washing away everything: Jerusalem, Tel Aviv, Netanyahu and Haifa.

What choice is there? They are the pioneers. Courageous and bold, stubborn and unbending, they remain unchanged in a world that has changed dramatically.

They have earned everything they have. They built what we have today.

And I, who have built nothing, am grateful.

Elections 2016

Peter Larocque
VALLEY PATRIOT COLUMNIST

A big God bless you to all my reader friends and a big thank you to you as well. I am humbled and thankful to God and His wonderful Son Jesus Christ for the awesome privilege and for the responsibility that goes with it to write about His story, The Good News of Jesus Christ!

A thank you is due as well to Mr. Tom Duggan for taking a risk in allowing the Christian Message, The Story of Jesus Christ, to be written and published in his monthly newspaper, The Valley Patriot. There are some who don't take kindly to the Name of Jesus Christ being exalted which could have a negative effect on advertizing. But in spite of this, Mr. Duggan continues to give me the thumbs up to continue writing.

On the other side of the coin, when one gives to Jesus, remember what happened to Peter the fisherman? Before he became an Apostle, he received a net breaking, boat sinking, load of fishes! This he received after allowing Jesus to borrow his boat to preach from as the people were spread out all along the shores and banks of the Sea of Galilee. Luke 5:1-7. Watch out Tom!

I have been asked from time to time about my thoughts concerning this unique election season that we have before us, so I thought it might be a good time to respond. Although I have made it abundantly clear that my desire is to no longer write about politics, but due to the uniqueness of this particular election, I thought an exemption would be okay.

Before giving my opinion on this election, I thought I should tell you where I believe we are at spiritually concerning this world in which we live. To lend understanding to my thoughts, lets read together Exodus 10:21-23, "And the LORD said unto Moses, Stretch out thine hand toward heaven, that there may be darkness over the land of Egypt, even darkness which may be felt.22 And Moses stretched forth his hand toward heaven; and there was a thick darkness in all the land of Egypt three days: 23 They saw not one another, neither rose any from his place for three days: but all the children of Israel had light in their dwellings."

We are living in very dark times where what is dark is being called light and what is light is being called dark and what is wrong is being called right and what is right is being called wrong. Also, thinking that things are going to get better is just wishful thinking. Any political candidate stating that he or she is going to bring change is just the blind leading the blind! The spirit of Anti-Christ is at work in this world, but we, as Christians, are not of this world. As Christians, we have a dif-

ferent spirit and it provides blessings and protection for us!

Just like we read earlier about the children of Israel, they were surrounded by a supernatural darkness, so dark that it could be felt. But the scriptures said that they, God's people had light in their dwellings and this light was a supernatural light provided by God Almighty! If it were just regular light, don't you think the Egyptians would have taken it from them? Isaiah 42:16 adds the following, "And I will bring the blind by a way that they knew not; I will lead them in paths that they have not known: I will make darkness light before them, and crooked things straight. These things will I do unto them, and not forsake them. Continue reading Isaiah 58:8, "Then shall thy light break forth as the morning, and thine health shall spring forth speedily: and thy righteousness shall go before thee; the glory of the LORD shall be thy rereward."[Protection]

The same God then, is God today and He promises to take care of and provide protection for His children! But we as Christians must ask for it. He will not violate our free will by pushing protection on us! If we believe we are doomed with the world then we will get the consequences of our beliefs. But on the other hand, if we humble ourselves and pray for His protection then no matter who is President, God will provide protection and take care of us and our families! We were not created to live a life of fear, Jesus Christ said in John 10:10b, I am come that you might have life and have it more than abundantly! He was either telling the truth or lying. Nowhere does it say that the promise of God's Protection for us will take place only if a certain somebody is President of the United States of America.

Having said all this, I am of the belief that this world in which we live needs a strong America! A compassionate America! Which presidential candidate will be best to help this along? You can only vote for one!

I highly suggest that you take some time to pray before going to vote and ask Jesus Christ our Savior who you should vote for and vote for whom he places in your heart. Now if you think because I am not giving you a specific name of a candidate that this is a copout, oh well, I assure you, I sleep well at night.

I have also heard that there are some Christians who have said that they are not voting this year because both candidates are terrible. That's your choice, not a good one, all be it, it is your choice!

As one Christian to another, let's remember what Jesus said in, John 16:33, "These things I have spoken unto you, that in me ye might have peace. In the world

JESUS: PAGE 26



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KATZ: FROM PAGE 2

United States is finally within her reach. I know it's become vitally important in our country to secure firsts these days, even as they come at the expense of the bests but is it so important for our daughters to see a woman in the Oval Office, that we elect Hillary Clinton? In the past I have examined Hillary Clinton's public life in detail. As The First Lady she stood by while her husband openly shamed and humiliated her and their young daughter. As a Senator from New York she was able to get a postal facility renamed. As Secretary of State, she aided and abetted President Obama to embolden and strengthen America's enemies. She's demonstrated over the years that she is capable of the most callous disregard for human life imaginable. She's willing to lie about anything and everything and is genuinely insulted when anyone dares to ask her a question. She rails against Wall Street but has lined her own pockets with their money. Aside from her pathetic performance on the public stage and forgetting for just a moment her outrageous email scandal, one need only look at the lies she told about her own health to get a sense of what she is really all about to her very core.

We have a choice on November 8th which will shape what happens in the United States for generations. The Supreme Court will have many openings and those justices ultimately decide what happens as we move forward. The standing of the United States in the world will be decided. To survive as a nation we must combat terrorists at every step of the way. To be a nation we must have clearly defined and defended borders.

Do we want someone endorsed by generals and admirals? Do we want someone who thinks that Aleppo is the lost Marx brother? Do we want someone who could not even be bothered to shed a crocodile tear for those four Americans killed as a result of The White House's smug disregard for their wellbeing?

It's true that we are stronger together. It's heartwarming to think that love trumps hate. It is imperative that we make America great again.

Jeff Katz is a former police officer who has twice been named Best Talk Show Host by the Associated Press. You can listen to him on The Jeff Katz Show channel on iHeartRadio.

Methuen Police C.A.R.E.S

METHUEN - Mayor Stephen N. Zanni and Chief Joseph Solomon are pleased to report that the Methuen Police Department hosted a series of events as part of National Recovery Month last month. .

The events, all of which were hosted in conjunction with the Community Addiction Resources Engagement Services (C.A.R.E.S) team, sought to raise awareness, reduce stigma, and celebrate individuals in recovery. C.A.R.E.S is a community outreach initiative within the police department designed to assist individuals, families and friends with the tools they need to fight the disease of addiction.

On Friday, Sept. 23rd, the C.A.R.E.S. team hosted a candlelight vigil at Raymond J. Martin Riverside Park (971 Riverside Drive) to honor those who have died as a result of addiction. Over 70 community members attended the event, where loved ones shared their stories of how addiction has impacted their lives and held a candlelight vigil to commemorate the memory of loved ones.

On Saturday, Sept. 24th, the Merrimack Valley Prevention and Substance Abuse Project (MVPASAP) held their third annual Community Forum at the Timony Grammar School (45 Pleasant View St.). The event featured speakers and presentations focusing on prevention, educa-

tion and advocacy, where the Methuen C.A.R.E.S team put up a table to provide resources and outreach and the department provided refreshments. Over 150 people attended the event.

On Sunday, Sept. 25th, the C.A.R.E.S team hosted their first "Recovery Walk" at The Loop (90 Pleasant Valley St.). Co-hosted by The Loop, the event included live bands, games, and guest speakers. In addition, vendors and community organizations provided resources and education to those with loved ones suffering from the disease of addiction. Over 200 community members participated in the walk.

"The City of Methuen came together this weekend to tackle the disease affecting our community and loved ones in many different ways," Mayor Zanni said. "Through a collaboration of various community organizations, hundreds of residents received support, education, and resources to help fight both the disease and stigma surrounding addiction."

"We are not only fighting to keep drugs off our streets, but also fighting to end the stigma surrounding drug addiction," Chief Solomon said. "This is an epidemic - on local, state, and national levels - and I commend our officers for doing their part to engage with the community on such an important issue."

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JESUS: FROM PAGE 25

ye shall have tribulation: but be of good cheer; I have overcome the world." In Christ we have peace, in the world there is trouble. So be happy! Jesus Christ has overcome the world!

This you can be assured of, there will not be real peace on this earth until the Prince of Peace returns to this earth as King of Kings and Lord of Lords! Jesus is the only one who can and will make what is wrong, right! Amen! Love you all!



Peter Larocque is married to wife Pam 34 years, 3 wonderful children, blessed with 3 grandchildren and is the former Lawrence School Committee member from 2006-2009. He has been currently a baker with Demoulas Market Basket 16 + years. petelarocque@hotmail.com.



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Property Sales, Foreclosures for SEPTEMBER, 2016 in Andover, North Andover, Lawrence, & Methuen. From Northern Essex Registrar of Deeds M. Paul Iannuccillo (All properties are listed in order; seller, buyer, address, and price.)

ANDOVER

Jianhua Huang and Lichun Yang, Kevin Rong, 60 Washington Park Drive Unit 8, \$130,000.00

Jianhua Huang and Lichun Yang, Xueqin and Xunhu Sun, 60 Washington Park Drive Unit 8,

Michael and Julie Cronin, Douglas Ahern, 73-75 Chestnut St., \$550,000.00

Michael and Julie Cronin, Janet Lee Mitchell, 73-75 Chestnut St.,

Michael and Julie Cronin, Patricia and Matthew McCafferty, 73-75 Chestnut St.,

Randazzo Realty Trust, Niels Phillip Striebe, 11 Nutmeg Lane, \$606,000.00

Randazzo Realty Trust, Courtney Lacava, 11 Nutmeg Lane,

Anne and Thomas McMonagle, Satish and Preeti Tadikonda, 1 Powder Mill Square Unit 408A, \$397,000.00

Priscilla and Ralph Harrison, Jonathan Gouveia, 81 Elm St., \$545,000.00

Priscilla and Ralph Harrison, Laura Ann Stamboni, 81 Elm St.,

Emily Murphy, Abbot Development LLC, 107 Abbot St., \$430,000.00

Eric S. Lundquist Living Trust, Geordan and Jocelyn Murphy, 6 Radcliff Drive, \$679,900.00

249 Beacon LLC, Roshan Harjani, 3 Noel Rd., \$690,000.00

249 Beacon LLC, Amrata Kirpalani, 3 Noel Rd.,

Kevin and Tracy McGovern, Mark Janco, 15 Lowell St., \$509,000.00

Mark and Eve Larochele, David Farino Jr., 51 Dufton Rd., \$369,900.00

Bobby Jones Drive Realty Trust, Grace King, 5 Bobby Jones Drive Unit 2, \$852,000.00

Joseph and Pauline Branzetti, Dana Murphy, 8 Rock Odundee Rd., \$455,000.00

Donald Mcalister, Feffco Inc., 142 Osgood St., \$375,000.00

Maureen and Steve Bross, Patrick Cox, 2 Colonial Drive Unit D2-3, \$109,900.00

Brendan and Andrea Finneran, Yuying Zhou, 63 Juniper Rd., \$863,000.00

Brendan and Andrea Finneran, Kaishi Zhang, 63 Juniper Rd.,

Amy Hatcher, Nicole Ouellette, 16 Balmoral St. Unit 304, \$220,000.00

Ashley Ray, Wenxi Lei, 2 Castle Heights Rd., \$479,900.00

Yang Yang and Yanwen Huangxu, Ajeet Singh, 8 St. James Drive Unit 8, \$596,000.00

13 Kathleen Drive Realty Trust, Kenneth and Kristen Aulbach, 13 Kathleen Drive, \$760,000.00

Mark and Lisa Olsheskie, Thomas and Jessica Janeczak, 3 Bedford Place, \$845,000.00

Shin-San and Yen-Ching Chen, Nikhil Singh, 16 Chongris Circle, \$925,000.00

Shin-San and Yen-Ching Chen, Shikha Chauhan, 16 Chongris Circle,

Craig and Melissa Nussbaum, Bryan and Stephanie Mead, 1 Twin Brooks Circle, \$620,000.00

Roxy, Ronald, and Arky Antriasian, Mrunai Daftari, 14 Greybitch Rd., \$610,000.00

Roxy, Ronald, and Arky Antriasian, Hiralben Shah, 14 Greybitch Rd.,

Barry Gediman and Julie Paige, Jared and Eugenia Sharifi, 184 Elm St., \$455,000.00

Timothy and Gina Jones, Daniel and Christine Card, 74 North Main St. Unit 70-2, \$425,000.00

CA Investment Trust, Thomas and Margaret Curtin, 5 Muirfield Circle Unit 1-3, \$1,325,000.00

Phoenix 2015 Trust, Stephen and Jennifer Winsor, 6 Cabot Rd., \$600,000.00

383 Simon Willard Rd. Qualified Personal Residence Trust I, Seung Jin Choi, 5 Swan Lane Unit 5-1, \$840,000.00

383 Simon Willard Rd. Qualified Personal Residence Trust I, Seungwon Ju, 5 Swan Lane Unit 5-1,

James and Lauree Linehan, David and Stephanie Breton, 7 Canterbury St., \$478,000.00

George Henderson, William Henderson, 43 Lupine Rd., \$225,000.00

Joseph and Ying Schmitt, Mukkanti and Swathi Amere, 180 River Rd., \$680,000.00

Robert and Catherine Plunkett, David and Colleen Fazio, 1 Trumpeters Lane, \$752,000.00

Richard and Meredith Petersen, Mark and Diana Bausemer, 6 Livingston Circle, \$500,000.00

Michael and Jennifer Hart, Michael and Kerry Czepiel, 120 Hidden Rd., \$950,000.00

Nancy Quinn, 157 Pleasant Realty Trust, 36 High Vale Lane, \$740.45

16 Balmoral St. Realty Trust, Justin Al-lum, 16 Balmoral St. Unit 303, \$195,000.00

Wei Jiang, Xulong Wang, 300 Brookside Drive Unit B, \$275,000.00

Wei Jiang, Lin Guo, 300 Brookside Drive Unit B,

Pauline and Laurie Hight, Ronald Cuscia, 10 Colonial Drive Unit 3B, \$86,300.00

Judith Smith, Jim Lamb, 16 Balmoral St. Unit 114, \$280,000.00

Leslie M. Wakefield Family Trust, Zachary and Stephanie Goldman, 143 Chestnut St., \$625,000.00

Alan and Donna Doerr, Jingfeng Kang, 108 Cross St., \$500,000.00

Alan and Donna Doerr, Yuka Minami, 108 Cross St.,

Jeffco Inc., Aihua Ju, 8 Candida Way, \$799,999.00

Stefan and Kelly Wennik, Mary Moosa-Jurek, 14 Wild Rose Drive, \$560,000.00

Jolanta Lapkiewicz, Aaron and Bonnie Dorlando, 117 Bellevue Rd., \$515,000.00

Steven and Doreen Dwyer, Marcelo Siqueira, 87 Greenwood Rd., \$590,000.00

James and Mary Beth Doherty, Aidan and Lea Forde, 9 Endicott Rd., \$1,030,000.00

Stephen and Maria Crockett, Michael and Vivian McNeeley, 125 Dasecomb Rd., \$735,000.00

Charlotte Murphy, Thomas and Josephine Comparato, 70B Washington Park Drive, \$165,000.00

Michael and Laurie Levy, Anna and Jozef Laski, 7 Island Way, \$640,000.00

Bank of New York Mellon, Ludlam LLC, 278 River Rd., \$325,000.00

LAWRENCE

Sixto Figueroa, Maria Marizan, 185-187 Bailey St., \$402,000.00

Paul and Benedetto Maccarone, Jessica King Green, 59 Dana St., \$263,000.00

Judy Zagrobski, Rose Marie Declercq Lurvey, Edward, Ronald, Kevin, and Dennis Declercq, Mervin Reyes, 323 East Haverhill St., \$234,900.00

William Santana, Breslin Reyes, 124-126 Newton St., \$279,900.00

Schruender Nominee Trust, Patriots-Gus Real Estate LLC, Rollins St., \$57,500.00

Jose Hernandez, Darwin Gonzalez, 51 Portland St., \$317,500.00



Erin Henry and Dora Ferrari, Xiomara Vargas, 34 Hillside Avenue, \$299,000.00

Reynaldo Rodriguez, Denise Godfrey, 205 Olive Avenue, \$250,000.00

Paul and Mary Lefebvre, Ronny Matias, 29 Rollins St., \$270,000.00

Nicholas Curet, Juan Barahona, 6 Endicott St., \$255,700.00

V I P Development LLC, V I P Development LLC, 15 Monmouth St., \$125,000.00

Wild Horse Realty Investment LLC, Perdomo Investments LLC, 71 Elm St., \$228,500.00

Gumercindo Frias, Eligio Perdomo, 73 Elm St., \$228,500.00

James Sereigo-Wareing, Patrick Nolan, 135-137 Howe St., \$275,000.00

James Sereigo-Wareing, Vickie Andrade, 135-137 Howe St.,

Cornelia McIntosh, Rigoberto Reyes, 73 Reservoir St., \$160,000.00

Cornelia McIntosh, Maritza Contreras, 73 Reservoir St.,

Robert Fournier, Phoung Bui, 18 Wedgewood Rd. Unit 18, \$178,000.00

Robert Fournier, Mai Thao Le, 18 Wedgewood Rd. Unit 18,

Jaime Aguilar, Juan Carlos Vizcaino, 66 Eastside St., \$330,000.00

Jaime Aguilar, Divina Buten Devizcaino, 66 Eastside St.,

Roman Realty Trust, Liberatore Real Estate Trust, Davinci Realty Trust, Lastrada Realty Trust and Liberato Management Co. Inc., Riverside Property Management LLC, 240-242 South Broadway, \$495,000.00

Miriam Perez and Carlos Juarez, Charles Hope Co. LLP, 5 Crescent St., \$125,000.00

116-120B Bennington St. LLC, Gamal Salama, 116-120B Bennington St., \$400,000.00

James Newman and Irene Leduc, Johanny Morales, 105 Sylvester St., \$250,000.00

Brendan and Janessa Murphy, Catiria Sanchez, 133 Mount Vernon St., \$287,000.00

Russell and Mary O'Neil, Yahaira Garcia, 267 Greenfield St., \$235,000.00

Jennifer and Kenneth Bellmore, Jose Luis Rodriguez, 167-169 Sanborn St., \$315,000.00

Merrimack Valley Habitat for Humanity Inc., Rosina Cosme, 100 Parker St. Unit 1, \$112,000.00

Merrimack Valley Habitat for Humanity Inc., Juan Torres, 100 Parker St. Unit 1,

Merrimack Valley Habitat for Humanity, Hector Peguero, 100 Parker St. Unit 4, \$112,000.00

7 Spruce St. LLC, Jackeline Cacerez, 7 Spruce St., \$289,000.00

Francisco Ventura, Reyna Gabin Batista, 63 King St., \$233,000.00

Francisco Ventura, Virgen Nunez Bautista, 63 King St.,

Newark Group Inc., Washington Mills Apartments II LP, 240 Canal St., \$600,000.00

Charles Hope Co. LLP, Pedro Pojoy, 27-31 Bromfield St., \$430,000.00

Charles Hope Co. LLP, Claudia Santa, 27-31 Bromfield St.,

Michael Delaney, Stephanie and Lisandro Pitta, 53 Hoffman Avenue, \$294,500.00

Jorge and Nilda Dasilva, Luz Burgos, 34 Bellevue St., \$402,900.00

HMP Newton St. LLC, Roger Bello, 38-40 Knox St., \$399,900.00

HMP Newton St. LLC, Brasilio Medina, 38-40 Knox St.,

Merrimack Valley Habitat for Humanity Inc., Sagrario and Maria Cosme, 100 Parker St. Unit 3, \$111,000.00

Sonia Dore, Patria Correa, 66 Milton St., \$177,000.00

Dan Griffin, Pablo Melenciano, 31-35 Bruce St., \$385,000.00

Elizabeth Duran, Elvin Leonardo Silverio, 401 High St., \$184,900.00

Merrimack Valley Habitat for Humanity Inc., Jose Arache, 100 Parker St. Unit 7, \$113,000.00

Domingo Espinal, Dionicio Caceres, 11-13 Boxford St., \$384,000.00

Merrimack Valley Habitat for Humanity Inc., Altagracia Martinez, 100 Parker St. Unit 2, \$110,000.00

Merrimack Valley Habitat for Humanity Inc., Caridad Ortiz Samboy, 100 Parker St. Unit 5, \$113,000.00

Deutsche Bank National Trust Co Tr, Christina Herrera, 46 Hudson Avenue, \$149,779.00

Valorie and Douglas Hatch, 590 Essex St. LLC, 16 Bellevue St., \$160,000.00

Kristen Russo and Robert and Michael Calautti, Noel Aldana, 70 Genesee St., \$331,700.00

Kristen Russo and Robert and Michael Calautti, Anny Diaz, 70 Genesee St.,

Gissella Montanez, 38-40 Warren St. LLC, 38-40 Warren St., \$210,000.00

Sheila Lashway, Waleska Parrilla, 10 Congress St., \$160,000.00

Jonathan Perez, Sandra and Alexandra Paredes, 49 Phillips St., \$389,900.00

Hampshire St. LLC, Ramona Henriquez, 179 Walnut St., \$152,500.00

Christopher and Amy Marie Berard, Jose Martinz, 737 Riverside Drive, \$285,000.00

LLB Construction Inc., Solangel Oviedo, 46-48 Newton St., \$350,000.00

Fabiola and Michael Swift, Yngrid Dinero, 117-119 Bailey St., \$365,500.00

Aura Recinos, Wanda Warner, 64 Haverhill St., \$346,000.00

Aura Recinos, Jose Rosa, 64 Haverhill St.,

Robert and Donna Cunningham, Arlenny Gutierrez, 21-27 Forest St., \$436,000.00

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A man and a woman, both smiling, are standing in front of a large white sign with the word 'SOLD' in red letters. The man is wearing a dark suit and tie, and the woman is wearing a dark blazer over a white collared shirt. The background is slightly blurred, showing some greenery.

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Shawn Hansen’s Sports Corner: Shaquille O’Fame

Shawn Hansen
SPORTS COLUMINIST

On September 8, 2016, this year’s basketball festivities began at a press conference held at the Naismith Memorial Basketball Hall of Fame in Springfield.

With the number one draft pick on June 24, 1992, the Orlando Magic picked Shaquille O’Neal out of Louisiana State University. Twenty-four years later, the most dominant player in the history of the game was in the “center” of the 2016 Class to be enshrined into the Hall of Fame.

With a 19-year career, playing for six different teams, winning three consecutive championships with the Los Angeles Lakers from 2000-2002 and a fourth with the Miami Heat in 2006, O’Neal played with the best of the best.

To name a stand out on each team O’Neal played with Penny Hardaway on the Magic, Kobe Bryant with the Lakers, Dwayne Wade with the Heat, Steve Nash with the Suns, LeBron James with the Cavaliers and Paul Pierce with the Celtics.

Known to many as Shaq, the 7’1 Center coming from Newark, New Jersey had many nicknames. O’Neal was also known as Shaq Daddy, Shaq Fu, The Big Aristotle, The Big Shamrock as well as Superman and The Diesel, amongst others.

Being enshrined into the Hall of Fame, O’Neal said, “It’s overwhelming, it’s surreal, it’s awesome. As a kid being told so much that you’re not that good, I never really thought I would get here. I’m the type that I have to have other people say it for it to be validated.”

Reminiscing back, O’Neal said “I think it was around the Final Four time” speaking of when he first heard the big news. “I got an email first that they were going to call at 12:00. I missed the call so I was thinking ‘oh shoot, I missed it, does that mean I’m out?’” Calling the number back, O’Neal said a woman named Fran picked up and said, “Congratulations, you’re in the Hall of Fame!”

Speaking to the Big Hofer as O’Neal jokingly nicknamed himself saying “The Big Hall of Famer” about dunking so hard, the basketball rim and backboard came down, he said he tore off 10 rims in his career.

Watching Yao Ming walk up to the

stage, he made O’Neal look a little short at 7’1. Telling The Valley Patriot that Wang ZhiZhi of the Bayi Rockets was the best player he played against in the Chinese Basketball Association, he said O’Neal was the best athlete he played against in the National Basketball Association.

Trash talking to opponents during his career to get inside their head and throw them off their games, O’Neal mentioned that he had a great game one night against the Houston Rockets but his father was upset at him.

“My father called me and said, ‘You need to take a private jet home now. After we played Houston, I had a pretty good game against Yao. My father felt I was being disrespectful to a kid who looked up to me. He made me come home one day and opened up a box. Yao had written me letters from when he was a youngster, exclaimed O’Neal telling a table crowded with reporters that Ming would send him Christmas and birthday cards.

The Diesel explained that his father said he should show Ming more respect. “You know the way I played; I was just aiming to destroy everybody and my father said this kid looks up to you and me and my father loves children, not saying Yao’s a child but we loved the kids and the fact that a kid from another country was looking up to me, he said, ‘I think you should show him and his people a little more respect.’”

From that moment on, the two seven footers became good friends and sometimes meet when they are both in China to hangout.

Along with O’Neal and Ming, Allen Iverson, Zelmo Beaty, Darrell Garretson, Tom Izzo, John McLendon, Cumberland Posey, Jerry Reinsdorf and Sheryl Swoopes were inducted in the Class of 2016.

The Naismith Memorial Basketball Hall of Fame is located at 1000 Hall of Fame Avenue in Springfield, MA 01105. For further information, go to www.hoophall.com or call 877-446-6752.

Besides journalism, Shawn Hansen is a Full Time Real Estate Agent at CENTURY 21 Advance Realty in Medford and serves all around Massachusetts so, if you or anyone you know are looking to Sell a house, Buy a house or complete both transactions, call Shawn Hansen today at 978-621-6763 or send an email to shawnhansen@c21advane.com.

State Med Board Suspended Dr. Just to Make Nice with Charlie Baker

Bharani Padmanabhan, MD, PhD
MEDICAL CORRUPTION COLUMNIST

So, here are the actors in this sordid little drama. Charlie Baker opposes the legalization of marijuana. He supports prohibition. Dr. Candace Sloane is the Chair of the State Medical Board. She absolutely relishes being the Chair and wants to be reappointed by Charlie even though she was appointed by Deval Patrick after bundling \$100,000 for his campaign. This is how you become the Chair of the State Medical Board, when you don’t even see patients in this state.

So what’s the plan?

Simple. Whack a doctor for issuing medical marijuana certificates, then call the Boston Globe to have a reporter present when you make the announcement and issue a cheerleading statement designed to appeal to Charlie and one you are sure he will read.

The doctor chosen for sacrifice was Dr. John Nadolny. Dr. Nadolny and his nurse practitioners handled a large caseload of patients who depended on the law passed overwhelmingly by the people of Massachusetts specifically to help them. This law explicitly prohibited the State Medical Board from persecuting doctors for prescribing marijuana.

Dr. Sloane and the State Medical Board chose to do the exact opposite. After all, despite her repeated claim to “care passionately about patients”, Dr. Sloan cannot point to any evidence supporting that during her tenure as Chair.

So the Board summarily suspended Dr. Nadolny’s license. To understand what that means, it is essentially like being arrested. Everything just stops as is. You can do nothing for your patients who, of course, become flotsam as there was no warning of this massive attack. The Board just takes you out. Boom!

And, of course, your income stops immediately as well. So, in addition to spending a fortune on lawyers, you have nothing coming in at the same time, whereas the Board coolly wastes tax dollars (and especially on Overnight mail). Dr. Sloane gushed to the Globe that doing this to Dr. Nadolny was all about her “passionate commitment” to the people of Massachusetts, the very same people who, at great effort, passed a state law that prohibited Dr. Sloane from doing exactly what she just did.

Dr. Nadolny chose to defend himself robustly at a hearing before a magistrate from the Division of Administrative Law Appeals.

The magistrate issued a stinging report this week simply crushing the State Medical Board and all but calling the Board’s lawyer, a liar. The magistrate’s exact words about the Board’s lawyer? Her statements were “not accurate” repeatedly.



As I am not a magistrate, I have no trouble saying it means she knowingly, repeatedly lied to the court.

Then again, Board lawyers do that all the time. VP readers may recall Tom Dugan’s crushing takedown of the Board’s senior lawyer, Debra Stoller - <http://valleypatriot.com/paying-attention-a-day-at-the-board-of-medicine-and-what-gov-baker-needs-to-know/>

The magistrate forthrightly declared that Dr. Nadolny was not an “imminent danger to public safety” and openly mocked the Board’s bogus rationale for having suspended his license without any warning to him (but with advance notice to the Boston Globe).

No Board that “cares passionately” about patients would so cavalierly suspend a doctor’s license.

The magistrate described the Board’s bogus excuses as a “non-issue.” He particularly objected to the Board suspending a doctor’s license for following the advice of the Department of Public Health.

So one state agency can whack you for following the advice of another state agency! Welcome to the Baker Administration. Welcome to Secretary of Health Marylou Sudders’ world. WOW.

Unlike the State Medical Board, the magistrate quoted extensively from the law to determine the will of “1,914,747 voters” and declared he would not go against the express intentions of the people. If anyone wants to read the magistrate’s decision, please email me.

We now wait for Dr. Sloane to declare she employed “an abundance of caution” given she “passionately cares” about the people of Massachusetts, despite deliberately violating the clear will of 1,914,747 voters and for Charlie to reward her for her newfound loyalty.

Happily though, thanks to the United States Supreme Court, which has issued many opinions castigating the Massachusetts way of whacking people (Caetano v. Mass) Dr. Nadolny now has the court’s authorization to sue all these Board people into personal bankruptcy.

About time.

Bharani Padmanabhan MD PhD is a neurologist who specializes in multiple sclerosis in the Boston area. scleroplex@gmail.com

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Foster Kids of the Merrimack Valley honored 2 outstanding community partners at the 11th Anniversary Hero Awards Dinner at Michael’s Function Hall in Haverhill on Saturday, September 24th. From Left to right are; Marc Lemay of Haverhill, MC of the event, Larry Giordano, President of FKMV and Jeff Ives, Author of ‘Ward of the State’ and Hero Award Recipient.

Health Care Rationing and the Politics of Hepatitis C

Dr. Frank MacMillan
VALLEY PATRIOT MEDICAL COLUMNIST

Back in April, 2015, I wrote about anticipated new treatments for Hepatitis C viral infection. The first all-oral treatment was FDA approved on October 10, with additional new medications expected before this year's end. These new medications not only treat, but they actually cure Hepatitis C in almost everyone who takes them as directed, often in as little as 8-12 weeks. This should be cause for celebration. But not everyone is celebrating.

This medicine is very expensive, and I will say with certainty that the insurance industry is looking at ways to deny or delay access to this disease ending and life saving treatment. Expensive, overpriced, price-gouging are words often heard in these discussions. While there is no doubt

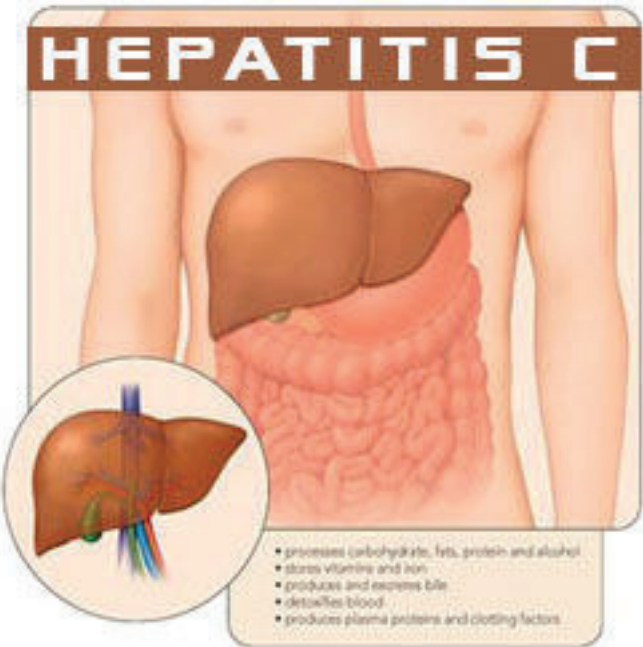
that the medication is expensive at \$1000/day, the infection is cured at a cost of \$56,000 to \$180,000 depending on how advanced the disease is. As shocking as those numbers sound, they are hardly out of range for cancer care, joint replacement, organ transplant, major surgery or a major hospitalization in the intensive care unit.

Consider that there is a stigma associated with Hepatitis C infection. Hepatitis C is a blood born virus infection. Common ways the infection is acquired is by blood transfusion, tattoo, intravenous drug use, and nasal cocaine use. Many people do not recall behaviors that could have put them at risk. For this reason, the US Preventative Health Services Task Force now recommends universal screening of all adults born between 1945 and 1965.

In some cases that I see, a long ago lapse in judgment occurring in their teens or twenties has left a lifelong reminder of that indiscretion and serious health consequences. There is a feeling among some that those who have the infection somehow deserve it and do not deserve care or our concern. This was also exactly the situation in the early days of the HIV epidemic. Very quickly political pressure built to de-stigmatize HIV infection. Highly effective treatments were soon available that changed the disease from a death sentence to a chronic condition that can be treated and lived with. These HIV medications are also not cheap, and it is necessary to remain on them for life. The cost adds up over time. With Hepatitis C treatment, there is no need for maintenance treatment. It's a "one and done." Could it be because of the stigma associated with Hepatitis C infection, that the insurance companies think they can get away with rationing access? I don't know for certain, but I have concerns.

The treatments may be new, but the people who I take care of have had the disease for many years if not decades. They have been waiting patiently for effective and tolerable treatments. The doctors who care for patients with Hepatitis C are also working tirelessly on advocacy for those who suffer. Patients who need treatment should not quietly accept denials of payment by their insurance companies. They should appeal at all levels, write letters, work with their employee benefits managers, and pull all political levers to be sure that no one who has been paying insurance premiums for health coverage is denied effective treatment because of prejudice or stigma related to this illness.

Our country spends a lot of money on health care services; some of it is of questionable benefit. Where we spend our



money is also in part driven by political considerations. Perhaps people with Hepatitis C are considered insufficiently deserving of our attention. Unfortunately, that is the attitude of some folks. The reality is that people from all walks of life get Hepatitis C, and they are no better or worse than the rest of us. When so called non-profit insurance companies, who have no problem spending millions of dollars on executive compensation, luxury boxes at sporting venues and political lobbying, can get away with denying or delaying effective treatment because of perception of cost and the prevailing stigma associated with Hepatitis C infection, they deserve to be called out on their bad behavior. Curing Hepatitis C stops the spread of the infection, relieves suffering, and restores health. For me, that's the whole reason we do what we do. It's money spent once, and money well spent.

Dr. MacMillan specializes in Gastroenterology and Liver disease and is a member of the North Andover Board of Health. He practices at Holy Family Hospital and currently serves as President of the Massachusetts Gastroenterology Association. Dr. MacMillan was recently reelected as Massachusetts Governor of the American College of Gastroenterology and is a Fellow of the College.

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(All properties are listed in order; seller, buyer, address, and price.)

CONT. FROM PAGE 27

thia, James Githitu, 236-238 Bailey St., \$250,000.00
Merrimack Valley Habitat for Humanity Inc., Felicia Frias, 100 Parker St. Unit 8, \$116,000.00
Merrimack Valley Habitat for Humanity Inc., Reyna and Victor Gomez, 100 Parker St. Unit 6, \$116,000.00
Israel Franco, William Van, 9 Harriman St. Unit B, \$172,000.00
MHGB Real Estate LLC, Daher Group Inc., 80-82 Inman St., \$195,000.00
Elvis Taveras, Nunez LLC, 222 Valley St., \$300,000.00
James and Shirley Gilmartin, Felix Ovalles, 93 Berkeley St., \$200,000.00
Ralph Williams, Sara Brooks, 20 Knox St. Unit 5, \$84,900.00
106 Bunker Hill St. LLC, Jose Padilla, 106 Bunker Hill St., \$240,000.00
Israel Poore and Wendy Colby, Melvin Parra, 20 Jamaica St., \$210,000.00
Z C Kobrzynska Realty Trust, Durso Properties LLC, 8 Green St., \$500,000.00
Z C Kobrzynska Realty Trust, Durso Properties LLC, 233 Jackson St., \$225,000.00
Jose and Leslie Arias and Marilyn and Rafael Vega, Patricia Montesquieu Remigio, 31-33 Crosby St., \$350,000.00
Manuel Joaquin, Luis Cepeda, 16 Hamilton St. Unit 16, \$235,000.00

METHUEN

C&A Realty Trust, Ciara Dimou, 40 Cochrane Circle, \$375,000.00
C&A Realty Trust, Walter Cook, 40 Cochrane Circle,
Lara Delucca, Carol Declerq, 23 Hampshire Rd. Unit 316, \$225,000.00
Annie Marin-Lopez, Antoine Saab, 41 Pilgrim Circle Unit 41, \$155,000.00
Doris Roberts, Krista Wolfe, 27 Hazel St., \$257,000.00
Miner Family Real Estate Holdings LLC, GNG Real Estate LLC, 5 Burnham Rd., \$1,300,000.00
SMV Methuen LLC, Cedar View Property LLC, 480 Jackson St., \$4,100,000.00
Roseann and William Myers, Jean and Sheri Lussier, 42 Sevoian Drive, \$350,000.00
Dennis and Carole Piliponis, Claridania and Carlos Alonzo, 23 Garrison Circle, \$385,000.00
Francesco and Danielle Falorni, Carlos Tejada Torres, 35 Adelaide Avenue, \$335,000.00
Francesco and Danielle Falorni, Reyna

Tejada, 35 Adelaide Avenue,
Toll MA IV LLC, Herbert J. Serpa Living Trust and Doreen Serpa Living Trust, 38 Pine Tree Drive Unit 25, \$558,195.00
Michael and Donna Dube, Victor and Joey Marte, 26 Frye Rd., \$365,000.00
Michael and Patricia Macdonald, Tiberiu and Cristina Giurgiu, 15 Lorenzo Circle, \$275,000.00
Eric and Leigh Ann Pellerin, Albert Gath-
eru, 15 Oak Meadow Lane, \$335,000.00
Eric and Leigh Ann Pellerin, Carmen Belen, 15 Oak Meadow Lane,
Ronald Maclaren Jr., Eduardo, Lisete, and Vanessa Medeiros, 83 Davis Rd., \$240,000.00
David Nickless, Brian and Lorraine Tardugno, Karen Wilson, 231 Forest St., \$15,000.00
David Nickless, Brian and Lorraine Tardugno, Norman, Neil, Barry and Brian Tardugno, 231 Forest St.,
Jennifer Darling, Kien Luong, 945 River-
side Drive Unit 14C, \$165,000.00
Robert Kinsman, Ismael Montero, 8 Chan-
ning St., \$270,000.00
MJC Development Corp., Karen and Mi-
chael Walker, 585 Prospect St., \$290,000.00
Francine Robertson, Luz Acosta Perez, 250 Oakland Avenue, \$200,000.00
Michael Curran and Laurie Guarini, James Kinuthia, 3 Medford Avenue, \$337,000.00
Brian Stacy, Zaulo Deleon, 87 Oakside Avenue, \$193,520.00
Diane Lemenager, Deborah Dinardi, 95 Ashland Avenue, \$254,900.00

Diane Lemenager, Albert Hynds, 95 Ash-
land Avenue,
Ana Fraden, Joshua Caminero, 8 Green St., \$290,000.00
Ana Fraden, Eulalia Feliz, 8 Green St.,
Rubina and Willis Hendley, Natalie Saad, 105 Rolling Ridge Lane, \$355,000.00
John and Mary McGrath, David and Mar-
lene Michael, 56 Hopkins Circle Unit 37, \$490,000.00
Richard and Maureen Smith, Francisco and Christine Marte, 188A Pleasant Valley St., \$439,000.00
Waste Management of Massachusetts Inc., 14 Calumet Rd. LLC, 14 Calumet Rd., \$194,250.00
Eliezer Silfa and Penelope Cornelio, John Webster, 263 Jackson St., \$368,500.00
Mark Banville, Joseph Salois, 48 High St. Unit 16, \$150,000.00
Min Kai Wu, Boston Property TV LLC, 520 Prospect St., \$2,500.00
Eugenio Valerio, Yefry Paniagua, 200-202 Tenney St., \$430,000.00
Averill and Nancy Moran, William and Lauren Simone, 95 Pitman St., \$265,000.00
WS NV 100 Griffin Brook Drive LLC, ADG 100 Griffin Brook Drive
Methuen LLC, 100 Griffin Brook Drive, \$2,550,000.00
Rosa Perdomo, Pedro Ayala, 8 Union St., \$289,900.00
Rosa Perdomo, Maria Rosa, 8 Union St.,
John and Vicki Soucy, Meghan Fisk, 84 Temple Drive, \$460,000.00
John and Vicki Soucy, Christian Arias, 84

Temple Drive,
Mary Hines Realty Trust, Daryl Maldonado, 14 Ridge Rd., \$270,000.00
Mary Hines Realty Trust, Wendy Jackson, 14 Ridge Rd.,
Kenneth and Gloria McIntire, Sara Fulford, 200 Pelham St., \$110,000.00
Toll MA IV LLC, Yen-Ching and Shih-San Chen, 21 Pine Tree Drive Unit 99, \$643,495.00
Steven Malenfant, Jonathan Richard Morris, 175 Tyler St., \$299,900.00
David and Colleen Fazio, Jason Rodenhiser, 62 Rolling Ridge Lane, \$510,000.00
David and Colleen Fazio, Kerry Gillis, 62 Rolling Ridge Lane,
Jonathan and Stacy Bennett, Kevin Costigan, 20 Washington St. Unit 6,
Toll MA IV LLC, Richard and Mary Jeanne Pantanella, 9 Sierra Court Unit 11, \$542,714.00
Jonathan and Hillary Minicucci, Gary and Crystal Savoy, 11 Summit Avenue, \$285,000.00
Mark and Diana Bausemer, Sonia Dore, 49 Clementi Lane, \$370,000.00
Mark and Diana Bausemer, Edson Dornezon, 49 Clementi Lane,
Lucy Baldwin, Argentina Perez, 392 Oak St., \$290,000.00
Lucy Baldwin, Maria Altagracia Benatar, 392 Oak St.,
Jacquelyn Defusco, Caroline Smith Webber, 1 Riverview Blv. Unit 4-204, \$220,000.00
U S Bank N A, Maxwell Trejo, 84 Haverhill St., \$182,000.00
Shawn Scott Mustapha and Sarah Gilbert, Elssie Hadley, 26 Meriline Avenue, \$250,000.00
Shawn Scott Mustapha and Sarah Gilbert, Jesse Ferrari Pazmino, 26 Meriline Avenue,
Community Renovations LLC, Allen LLC, 18 Allen St., \$155,000.00
Albert and Dorothy Decesare, Fabiloa Albertini, 15 Redgate Drive, \$335,000.00
Florence Owen Irrevocable Trust, Ann Lavoie, 7 Mosca Lane, \$388,700.00
Winwin Properties LLC, Alan Russell, 44 Pinehurst Avenue, \$262,100.00
Tamara Brennan, Annette and Bernadette Boudreau, 6 Cynthia Lane, \$244,900.00
Tamara Brennan, Lloyd Murray, 6 Cynthia Lane,
Sean and Amanda Burke, Thomas Flanagan, 6 Heartwood St., \$675,000.00
Sean and Amanda Burke, Lauren Murray, 6 Heartwood St.,
Jean Rourke, Tatiana Hall, 41 Woodland St., \$265,000.00
Garrett David Casey, Diane and Rosemary

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Clausen, 35 Hampstead St., \$308,500.00
Andrew Burke, Nicole Gioacchini, 26 Adams Avenue, \$299,000.00
Andrew Burke, Daniel Forlizzi, 26 Adams Avenue,
Jason and Donna Wedge, Diana Scotti, 305 Oak St., \$325,000.00
Joanna Bond, Sean Hurton, 5 Sunnyside Avenue, \$325,000.00
Joanna Bond, Alicia Gould, 5 Sunnyside Avenue,
Rosemary O'Connor and Jennifer Sirmaian, Desiree Kelley, 178 Pleasant St., \$336,000.00
Richard Dion, Danielle and Matthew Nichols, 70 Derry Rd., \$284,900.00
Jose Luis Rodriguez, Jason and Jennifer Sakelaris, 71 Washington St., \$475,000.00
Mario and Jui Hui Chiang Calisto, Douglas Rinaldi, One Peaslee Terrace Unit 1D, \$243,900.00
Mario and Jui Hui Chiang Calisto, Elizabeth Bright, One Peaslee Terrace Unit 1D,
Carl Khalil, Joseph Merlino, 23 Hampshire Rd. Unit 23-415, \$210,000.00
Hye Suk Yi, Thuynga Thi Vo, 40 Danbury Drive Unit 1, \$95,000.00
Hye Suk Yi, Phong Huy Nguyen, 40 Danbury Drive Unit 1,
Ann and Robert Folinus, Matthew and Jennifer Steele, 19 Spring Valley Rd., \$429,900.00
Mark Burns Jr., Xin You, 945 Riverside Drive Unit 14B, \$147,000.00
William and Erin Bean, Anthony Santos, 155 Byron Avenue, \$298,000.00
William and Erin Bean, Jessica Castillo, 155 Byron Avenue,
Seaport Homes LLC, Thomas and Kate Farrell, 13 Woodland Circle, \$355,000.00
Robert and Marcia Mucci, Johnny and Natasha Jimenez, 59 Vida St., \$380,000.00
Kathleen O'Brien, Naaman and Stephanie Sader, 123 Anderson Drive, \$338,900.00
Craig and Tina Forester, Laura Taveras, 50 Frye Rd., \$369,000.00
Craig and Tina Forester, Mark Evans, 50 Frye Rd.,
Collier Avenue Trust, Community Renovations LLC, 6 Collier Avenue, \$270,000.00
Fawcett Family Trust, James Driscoll, 11


University Lane, \$300,000.00
William and Gorete Nickerson, Nicholas Dilworth, 11 Wabon Circle, \$313,000.00
Kings Oak Properties LLC, William Mulvanity, 111 Bradley Avenue Ext., \$415,000.00
Scott and Roxanne Skea and Doris Butterfield, Erika Hardy, 14 Belmont St., \$230,000.00
Scott and Roxanne Skea and Doris Butterfield, Jason Velazquez, 14 Belmont St.,
Louis Garcia, Danielle Perrotta-Abousika, 30 Leah Circle, \$214,000.00
Kevin Thompson, Jeffrey and Sharon McInnis, 20 Washington St. Unit 1, \$210,000.00
Karen and Elizabeth Carceo, Higginbottom Family Trust, 6 Leah Circle Unit 149, \$231,000.00
David and John Whittemore, A&D Investments LLC, 17 Woodland St., \$160,000.00
John and Robin Laconte, James and Lorraine Anthony, 167 Butternut Lane, \$432,000.00
Maurene and Alan Pepin, Delnys Garcia, 30-32 Ashland Avenue, \$405,000.00
Elsa and Leo Zuniga, Santos Merino, 210 Oakland Avenue, \$255,000.00
Dennis and Susan Krivelow, Thomas McCarthy, 35 Sherwood Drive Unit 172, \$599,900.00
Dennis and Susan Krivelow, Michele Williams, 35 Sherwood Drive Unit 172,

NORTH ANDOVER

John and Shannon Proulx Njoroge, Anilza Barrientos, 27 Marblehead St., \$396,000.00
Donna and Dyke Morrissey, Chase and Katherine Robinson, 100 Kara Drive, \$680,000.00
Lynn and Mark Mucha, Joseph Baviello, 1-14 Walker Rd. Unit 7-7, \$146,500.00
Mark Torrisi, Michael Torrisi, 112 Colgate Drive, \$75,000.00
Edward and Marianne Keating, Keri Rios, 145 Berkeley Rd., \$730,000.00
Paul and Robin Dubois, Philip and Sara Decologero, 75 Meadow Lane, \$420,000.00
Eleanor Sathan, Laura Moxley, 11 Little Rd., \$351,000.00
Eleanor Sathan, Craig and Helen Decosta,

11 Little Rd.,
Sandra Hafiz Inc., Brian and Shandra Sibley, 70 Ogunquit Rd., \$777,500.00
Coastal Ventures LLC, Elizabeth Dunshee, 32 Summit St. Unit 2, \$278,000.00
Coastal Ventures LLC, Derek Anderson, 32 Summit St. Unit 2,
Linda Oliver and Stephen, Jeffrey, and Ellen Patterson, Freckle International LLC, 731 Johnson St., \$305,900.00
Brooke Otis, Teresa Zambella, 2 Harvest Drive Unit 210, \$295,000.00
Crystal Calderone, Conor McGladrigian, 1 Harvest Drive Unit 112, \$265,000.00
Dustin Silk and Janelle Chiles, Sean Branca, 474 Waverly Rd., \$430,000.00
Dustin Silk and Janelle Chiles, Angela Caputo, 474 Waverly Rd.,
George and Irene Bourne, Dustin and Janelle Silk, 562 Salem St., \$425,000.00
288 Sutton St. LLC, Dong Shin, 11 Mathews Way Unit 11, \$407,100.00
288 Sutton St. LLC, Soo Park, 11 Mathews Way Unit 11,
Allan Cuscia, Jia Xi Zheng, 69 Union St., \$432,000.00
Allan Cuscia, Xiang Yan Chen, 69 Union St.,
Kathleen Manzi, Patricia Menery, Nancy Finn, Fred and Peter Oakes, Michael Curran, 15 Merrimack St., \$340,000.00
Kathleen Manzi, Patricia Menery, Nancy Finn, Fred and Peter Oakes, Laurie Guarini, 15 Merrimack St.,
Trecastagni Realty Trust, Paul Pierce, 354 Waverly Rd., \$320,000.00
288 Sutton St. LLC, Diana Freitas, 12 Mathews Way Unit 12, \$399,900.00
Linda Lee Angiolillo, Anil and Urmila Bhalani, 1606 Catalpa Drive Unit 1606, \$417,500.00
Skinner Family Realty Trust, Varun and Sumedha Dikshit, 2189 Salem St., \$535,000.00
Jun-Tsui Fan and Kai-Hui Chang, Phong Pham, 6 Ellis Court Unit 6, \$284,700.00
Jun-Tsui Fan and Kai-Hui Chang, Kelly Huong Khong-Pham, 6 Ellis Court Unit 6,
Michael and Karen Byers, Sraddha Patnaik, 93 Rosemont Drive, \$665,000.00
Michael and Karen Byers, Biswajit


Biswal, 93 Rosemont Drive,
Berry/114 CO LLC, Brian Whipple 2012 Family Trust, 64 Compass Point Unit G3, \$448,300.00
Joseph and Joanne Wescott, Rico and Karri Isidoro, 37 Olympic Lane, \$670,000.00
Bruce and Barbara Williams, Richard and Heatherjean Horgan, 73 Carlton Lane, \$705,000.00
288 Sutton St. LLC, Gregory Anthony, 9 Mathews Way Unit 9, \$409,900.00
Christine Comoglio, Title Town Holdings LLC, 120 Old Farm Rd., \$405,000.00
Gilda Ferris, Bread & Roses Housing Inc., 70 May St., \$140,000.00
Kevin and Diane Sheehan, Lisa and Phillip Dobie, 146 Farnham St., \$495,000.00
Thomas C. Butthmann Special Needs Irrevocable Trust, RPB Investment Realty Development Inc., 156 Chestnut St. Unit 4, \$150,000.00
James and Elizabeth Roop, Robert and Eugenia Hatch, 229 Brentwood Circle, \$450,000.00
Ursla St. Louis, Rod and Benedict Perrone, Carrie Branca, 185 Massachusetts Avenue, \$340,000.00
Pamela Davis, Shane and Jennifer Woodruff, 163 Laconia Circle, \$605,000.00
Kirstin Clarke, Lucia and Thomas Pins, 350 Greene St. Unit 209, \$320,000.00
Pauline Belanger, Robert Cassidy, 180 Chickering Rd. Unit 304C, \$269,900.00
Lawrence William, and Nancy Kady and Deborah Nazarian-Kady, Kelly Driscoll, 173 Johnson St., \$455,500.00
Zeev and Helen Lubenski, Zoran and Kathleen Kostic, 1 Harvest Drive Unit 213, \$270,000.00
Richard and Donna Corrigan, Deepa and Darpan Dand, 171 Amberville Road, \$675,000.00
William Kelly and Colleen Callagy-Kelly, Ajay and Sunayana Thomas, 124 Peach Tree Lane, \$720,000.00
Hafiz Family Realty Trust, Shahram Navid, 64 Blue Ridge Road, \$1,050,000.00
Joy Annette Duncan, Donald and Robert Skifter, 247A Farnum St., \$679,900.00
Nancy Calvo, Lawrence Chesley, 3 Harvest Drive Unit 311, \$305,000.00



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